

Every great YO! begins with our signature snacks and ice cold drinks

nibbles

- classic edamame

Dished up warm or cold, sprinkled with sea salt and spring onions

£3.75
- korean pepper & ponzu edamame

Warm edamame tossed in ponzu and sprinkled with Korean red pepper

£3.95

pr*wn crackers

New!

Introducing a new plant-based alternative to an iconic snack, served with a sweet chilli dipping sauce

£3.50



unlimited miso soup

Authentic Japanese soup with wakame, spring onion & tofu; the perfect starter or accompaniment to your meal

£3.50

desserts

- cherry dough.chi™

Ice-cream bites wrapped in cherry cookie dough

£4.95
- chocolate dough.chi™

Chocolate cookie dough covered ice-cream bites

£4.95

strawberry cheesecake

little moons mochi

Bites of creamy strawberry cheesecake, in a sweet rice casing, with a raspberry drizzle

£4.75



adults need around 2000 kcal a day

gyoza

- Plump dumplings packed with your choice of chicken, prawn or veggie, dished up with a soy vinegar dipping sauce

3 pieces £5.25
5 pieces £6.95
- veggie gyoza

132kcal/193kcal

3 pieces £5.50
5 pieces £7.25
- chicken gyoza

140kcal/206kcal

3 pieces £5.50
5 pieces £7.25
- prawn gyoza

148kcal/220kcal

3 pieces £5.75
5 pieces £7.50

mega teriyaki gyoza

Your choice of gyoza topped with teriyaki, mayo, crispy & spring onions

3 pieces £5.95

mega korean gyoza

Your choice of gyoza topped with Korean ketchup, shichimi, mayo, crispy & spring onions

3 pieces £5.95

quench YO! thirst

soft drinks

belu water

Belu profits are sent to WaterAid. Their bottles are 100% recyclable, and made from 100% recycled materials

500ml £2.50

still

500ml £2.50

sparkling

500ml £2.50

coca-cola classic

330ml £3.35

coke zero / diet coke

330ml £3.25

irn-bru

(Scotland only)

330ml £3.50

sprite

330ml £3.25

fanta orange

330ml £3.25

chu-lo apple

A tangy soft drink inspired by Japan's popular drink Chuhai, with a fizzy, sour apple taste

330ml £3.95

firefly peach & green tea

A perfect pick-me-up with succulent peaches and grapes, positively enlivened with green tea and kola nut

330ml £4.50

firefly kiwi & lime green tea

330ml £4.50

happy inside lemon, yuzu & ginger

A lip-smacking still drink made from completely natural ingredients, including Japanese knotweed. 1% of all sales donated to Mind Charity

250ml £3.95

lemonaid

A fiery ginger and lemon drink with a dash of raw cane sugar. Every bottle sold funds the Lemonaid & ChariTea Foundation

330ml £4.50

kids' drinks

cawston press apple & pear

£2.25

cawston press apple & mango

£2.25

unlimited green tea

£3.25

Get YO! reward points!

For every 50 points you collect at our restaurants (dine in or click & collect), you'll get £5 off on your next order.

Follow us on Facebook, Instagram & TikTok @yosushi
Snap YO! meal and tag us for your chance to win a treat!

beer

asahi 5.2%

abv

Super refreshing, super dry (Japan)

330ml £5.75
500ml £6.50

metroland two tribes IPA

4% abv

Toyko IPA, with bustling flavours of florals, grapefruit and pineapple

330ml £6.25

wine

prosecco

11% abv

200ml £7.75

red wine

12% abv

187ml £6.25

rosé

12% abv

187ml £6.25

white wine

12% abv

187ml £6.25

mixed drinks

ELLC grapefruit G&T

5% abv

Award-winning London Dry Gin mixed with East London Liquor Co's own grapefruit-infused tonic.

£6.75

ELLC vodka rhubarb

5% abv

British Wheat Vodka cut with natural rhubarb soda

£6.95

ELLC grapefruit G&T

0.5% abv

East London Liquor Co's Grapefruit 0.5% ABV G&T, made with natural fruit extracts and juices

£6.25

sake

hakushika ginjou sake

13.3% abv

180ml £6.50

how to YO!

Scan the QR code on your table

Browse, order, pay. Chopsticks and seasonings will be sent your way

Now it's YO! time. Our LED light will let you know when your food and drink is on the belt

Red = hands off!

Amber = your food is on its way!

Green = grab it and enjoy!

If you're new to YO!, we'd suggest 4-5 small dishes, or one larger bowl and two smaller dishes per person

When you're finished, pop your plate to the side of your table so our team can take it away

If you're stuck, our friendly team are on hand to help – just give them a wave!

adults need around 2000 kcal a day

sushi rolls & bowls

sushi & sharers

small plates

maki

- avocado maki** 

Avocado & mayo, wrapped in a nori roll  204kcal

6 pieces **£3.75**
- cucumber maki**

Crunchy cucumber with toasted sesame seeds in a nori roll  150kcal

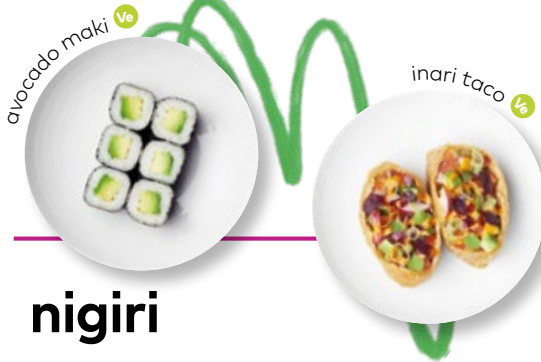
6 pieces **£3.50**
- salmon maki**

Fresh salmon, wrapped in a nori roll 195kcal

6 pieces **£3.95**
- mixed maki**

The best of both worlds, 3 salmon maki and 3 avocado maki 199kcal

6 pieces **£3.95**



nigiri

- inari taco** 

Golden tofu pockets filled with rice, avocado, ponzu salsa, & sriracha mayo  170kcal

2 pieces **£3.95**
- red pepper**

Roasted sweet red pepper on sushi rice wrapped with nori seaweed  99kcal

2 pieces **£3.25**
- salmon**

Fresh, hand-cut salmon on sushi rice. Try it with wasabi & soy sauce 103kcal

2 pieces **£4.25**



katsu (no rice)

- Your choice of succulent chicken, chick'n, prawn or pumpkin, in Japanese panko breadcrumbs; drizzled with fruity tonkatsu sauce & dished up with a fresh pak choi & ponzu salad
- pumpkin**  153kcal

£5.50
- chicken** 217kcal

£5.95
- meatless farm chick'n**  292kcal

£5.95
- prawn**  175kcal

£7.25



Allergies? Please speak to a team member who can help you. For a full allergen guide & nutritional information, please visit yosushi.com/nutrition. We handle several allergens in our kitchen & cannot guarantee our dishes are allergen free. A discretionary 7.5% tip for our team is added to your bill, you can opt-out of this at check-out

sushi rolls

- yasai**

Knaiso, kaiso, avocado, cucumber, lettuce & carrot roll, topped with teriyaki, mayo and spring onion  170kcal/339kcal

3 pieces **£4.95**
6 pieces **£8.95**
- spicy chicken katsu roll**

Delicious chicken katsu & lettuce, rolled in shichimi powder & topped with tonkatsu sauce  147kcal/294kcal

3 pieces **£4.95**
6 pieces **£8.95**
- crunchy california**

Surimi & avocado roll, topped with mayo, teriyaki & crunchy onion 285kcal/571kcal

3 pieces **£4.95**
6 pieces **£8.95**
- YO! roll**

Our signature salmon, avocado & mayo, rolled in orange masago 191kcal/382kcal

4 pieces **£5.25**
8 pieces **£9.50**
- salmon dragon roll**

California roll topped with salmon, shichimi powder & spring onion  201kcal/446kcal

4 pieces **£5.50**
8 pieces **£9.95**

sushi sharers 

serves two

salmon selection 

Indulge in a salmon platter made up of: 4 salmon maki, 4 salmon nigiri, 2 YO! roll pieces & 4 slices of thick cut salmon sashimi 578kcal

£18.95

salmon & tuna selection

2 YO! rolls, 2 salmon maki, 2 tuna maki, 2 salmon nigiri, 2 tuna nigiri, 2 thick cut slices of salmon & tuna sashimi 505kcal

£18.95

YO! mix 

4 crunchy prawn roll pieces, 3 crunchy Cali roll pieces, 3 spicy chicken katsu roll pieces, 2 kaiso gunkan, 2 avocado maki & 2 cucumber maki  866kcal

£17.50

plant platter


2 yasai roll pieces, 2 veggie volcano roll pieces, 2 inari taco, 2 kaiso gunkan, 2 avocado maki & 2 cucumber maki  652kcal

£14.95

teriyaki

- Served in a tempting, sticky soy glaze, topped with sesame & a fresh chilli kick
- beef**  331kcal

£7.50
- add steamed rice** 559kcal

£9.25
- chicken**  197kcal

£5.95
- add steamed rice** 425kcal

£7.75



- crunchy prawn roll**

Crunchy prawn katsu, avocado & mayo rolled in purple shiso 158kcal/315kcal


4 pieces **£5.25**
8 pieces **£9.50**
- dynamite roll** 

Creamy avocado, kaiso & crunchy carrot in a nori rice roll, topped with spicy salmon  234kcal/467kcal

4 pieces **£5.50**
8 pieces **£9.95**





duck & 'duck'

- Your choice of real duck or Squeaky Bean** 

plant-based mock duck
- hoisin duck roll**

Hoisin duck & cucumber roll, wrapped in sushi rice. All rolled up in crispy onions & sprinkled with spring onion

3 pieces **£4.95**
6 pieces **£8.95**
- mighty duck fries** 

Crispy fries loaded with duck, Korean ketchup, mayo & furikake  324kcal

£5.75

street food

- YO! fries** 

Japanese style fries drizzled in sriracha mayo, sprinkled with furikake  348kcal

£4.50
- spicy pepper squid**

Crispy squid, dusted in a spicy seasoning, dished up with a chilli & ginger dipping sauce  193kcal

£7.95
- popcorn shrimp**

Tempura shrimp drizzled with a sweet shiro miso & chilli sauce 355kcal

£7.95
- cheese YO!nut** 

Mixed cheese filled donut with a panko breadcrumb, topped with fresh chive, crispy onions, sesame seeds, okonomiyaki sauce, and YO! mayo 407kcal


£3.50

 **vegan**  **vegetarian**  **spicy**  **YO! loves**

- spicy tuna roll**

Kaiso, lettuce, carrot & chives in a nori rice roll. Topped with spicy sriracha tuna  158kcal/317kcal

4 pieces **£5.50**
8 pieces **£9.95**
- veggie volcano**

Kaiso, cucumber, carrot & chive roll, topped with chilli sauce, smashed avocado and crispy onions  228kcal/457kcal

4 pieces **£5.50**
8 pieces **£9.95**




temaki handrolls

- salmon & avocado**

Fresh salmon, avocado, mayo & toasted sesame seeds in a nori rice cone 178kcal

£5.50
- california**

Surimi, avocado, mayo & toasted sesame seeds in a nori rice cone 223kcal

£5.25
- yasai** 

Cucumber, inari & avocado with mayo & toasted sesame seeds in a nori rice cone  145kcal

£4.95



- katsu chicken YO!nut** 

Chicken katsu curry flavoured donut with a panko breadcrumb, topped with shaved coconut, spring onion, shredded ginger and a katsu curry sauce 440kcal

£3.50
- korean fried chicken** 

Fried chicken, tossed in a tasty sweet & spicy Korean chilli sauce  415kcal


£7.25
- add steamed rice** 623kcal


£8.50
- japanese fried chicken**

Fried chicken breast, marinated in soy & sake; served with mayo 385kcal

£6.75

sides

- curry sauce**  88kcal

£1.50
- steamed rice**  303kcal

£2.50

adults need around 2000 kcal a day

poké

- Choose your protein and base below:
- protein:**

dynamite salmon  360kcal **£11.95**

spicy tuna  360kcal **£11.95**

sriracha chicken  301kcal **£11.95**

hoisin 'duck'  332kcal **£11.95**
- base:**

sushi rice  337kcal

spinach  13kcal

half & half  175kcal
- Topped with avocado, YO! slaw, sweetcorn, edamame and kaiso. Sprinkled with pomegranate seeds, red chilli and sesame, drizzled with your favourite sauce:

citrus ponzu  71kcal

korean ketchup  88kcal

sriracha  40kcal

sriracha mayo  168kcal

zingy lemon & chilli  71kcal

korean sweet chilli  109kcal
- Add toppings to have your bowl, your way:

dynamite salmon  115kcal **£2.95**

spicy tuna  64kcal **£2.95**

sriracha chicken  56kcal **£2.50**

hoisin 'duck'  87kcal **£2.20**

avocado  57kcal **£1.95**

sashimi & salad

- salmon ponzu salsa** 

Thinly sliced salmon, topped with salsa & a zingy ponzu dressing 115kcal

5 slices **£6.95**
- tuna tataki**

6 slices of seared yellowfin tuna dressed in citrus ponzu 91kcal

6 slices **£8.25**
- tuna & avocado tartare**

Premium yellowfin tuna with diced avocado & a ponzu sauce, topped with crispy onions 145kcal

£7.95
- salmon sashimi**

Our freshest cuts of thick-slice salmon, with a crisp pak choi salad 125kcal

4 pieces **£6.95**
- tuna sashimi**


Thick cut slices of yellowfin tuna, with a crisp pak choi salad 70kcal


4 pieces **£7.95**
- kaiso seaweed salad** 


Marinated mixed seaweed, edamame & carrot in a su-miso dressing, topped with sesame seeds  142kcal

£3.95

firecracker rice


- Seasoned sushi rice stir-fried with fresh vegetables & shichimi chilli powder
- veggie**  391kcal

£4.95
- chicken**  417kcal

£5.95
- salmon**  460kcal

£6.50

yakisoba noodles

- Fresh yakisoba noodles stir-fried in a tangy sauce served with crunchy vegetables
- veggie**  279kcal

£5.25
- chicken** 319kcal

£6.25



bigger bowls

katsu curry bowl

A Japanese classic. Mild curry sauce, dished up with steamed rice, pickled ginger & spring onion

- pumpkin**  430kcal/603kcal

regular **£7.50** / large **£11.25**
- chicken**  517kcal/846kcal

regular **£8.25** / large **£11.95**
- meatless farm chick'n**  583kcal/977kcal

regular **£8.25** / large **£11.95**
- prawn** 465kcal/704kcal

regular **£8.50** / large **£12.25**

korean donburi

Fried chicken, tossed in a tasty sweet & spicy Korean chilli sauce, dished up with steamed rice, pak choi & radish

- korean chicken**  1126kcal 

large **£12.25**

teriyaki bowl

Served in a tempting, sticky soy glaze, topped with sesame & a fresh chilli kick. Dished up with steamed rice, pak choi & radish

- beef**  983kcal 

large **£12.95**
- chicken**  715kcal 

large **£11.25**

ramen

- spicy seafood**  

£13.50
- teriyaki chicken** 

Teriyaki chicken with pak choi, crunchy radish, bamboo shoots & beansprouts in a kimchee ramen sauce, served with a soy-marinated egg, crispy fried noodles, spring onion, fresh red chilli and nori  407kcal

£12.95
- shiitake mushroom** 

Vegetable gyoza & shiitake mushroom with pak choi, bamboo shoots, beansprouts in a miso ramen, crispy fried noodles, spring onion, fresh red chilli and nori  383kcal

£12.95
- soy egg**  43kcal

(add me to the shiitake mushroom ramen for free!)