



oishii
美味しい

allergen & nutritional information

Konbini menu
March 2024

Nutritional Information Recipe List (values per typical serving)

Recipe Name	Energy (kcal)	Energy (KJ)	Fat (g)	saturates (g)	mono (g)	poly (g)	Carb (g)	Starch (g)	Sugars (g)	Protein (g)	Fibre (g)	Sodium (mg)
Chukaman Pork Bun	222.3	934.8	6.5	1.4	2.7	1.3	32.2	28.8	3.2	7.9	1.6	343.0
Konbini Tuna Onigiri	220.5	928.3	6.4	0.7	0.0	0.0	30.5	0.0	5.3	8.1	0.9	780.5
Pizaman Pizza Bun	248.0	1043.1	8.5	4.7	0.8	0.4	31.6	29.2	2.2	10.5	1.9	203.3
Yuzu Shu Cream Puff	428.0	1783.2	29.3	19.8	4.5	1.0	32.8	2.3	21.7	8.3	0.8	177.3

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Kimchi Tuna Onigiri	197.7	834.3	3.2	1.0	0.1	0.2	30.5	0.0	5.8	9.4	0.7	712.9