





# how to YO!

Pick any coloured plate from the belt, tuck in and enjoy.

Our team will add up your coloured plates and charge you at the end of your meal.

-  £3.50
-  £5.75
-  £3.95
-  £6.95
-  £4.50
-  £8.25
-  £5.25


To order all other tasty dishes, scan the QR code on your table and pay as you go.

-  Scan the QR code on your table
-  Browse, order, pay
-  All dishes and drinks you order will be delivered by our team
-  If you're new to YO!, we'd suggest 4-5 small dishes, or one larger bowl and two smaller dishes per person

If you're stuck, our friendly team are on hand to help - just give them a wave!





miso soup 

**unlimited miso soup** £3.50  
Authentic Japanese soup with wakame, spring onion & tofu; the perfect starter or accompaniment to your meal  53kcal per cup

## dessert

-  **strawberry cheesecake**  
**little moons mochi**   
Bites of creamy strawberry cheesecake, in a sweet rice casing, with a raspberry drizzle  194kcal
-  **chocolate little moons mochi**  
Chocolate truffle ganache in a light mochi rice casing, drizzled with chocolate sauce. A must try!  233kcal
-  **dorayaki pancakes**  
Japanese pancakes with a light custard centre, served with a tangy raspberry coulis  130kcal

## ice cream to order

- cherry dough.chi™** £4.95  
Ice-cream bites wrapped in cherry cookie dough  209kcal
- chocolate dough.chi™** £4.95  
Chocolate cookie dough covered ice-cream bites  215kcal



cherry dough.chi™ 

adults need around 2000 kcal a day





# quench YO! thirst

## beer




**asahi** 5.2% abv   
Super refreshing, super dry (Japan)  
half £2.95  
pint £5.95  
330ml bottle £5.75  
500ml bottle £6.50

**metroland two tribes IPA** 330ml £6.25  
4% abv  Toyko IPA, with bustling flavours of florals, grapefruit and pineapple

## wine

- prosecco** 11% abv  200ml £7.75
- red wine** 12% abv  187ml £6.25
- rosé** 12% abv  187ml £6.25
- white wine** 12% abv  187ml £6.25

## mixed drinks

- ELLC grapefruit G&T** 5% abv  £6.75  
Award-winning London Dry Gin mixed with East London Liquor Co's own grapefruit-infused tonic
- ELLC vodka rhubarb** 5% abv  £6.95  
British Wheat Vodka cut with natural rhubarb soda
- ELLC grapefruit G&T** 0.5% abv  £6.25  
East London Liquor Co's Grapefruit 0.5% ABV G&T, made with natural fruit extracts and juices

## sake

**hakushika ginjou sake** 180ml £6.50  
13.3% abv 


**unlimited green tea**  £3.25



## kids' drinks

- cawston press apple & pear**  200ml £2.25
- cawston press apple & mango**  200ml £2.25

## soft drinks

- belu water**   
Belu profits are sent to WaterAid. Their bottles are 100% recyclable, and made from 100% recycled materials
- still** 330ml £2.50
- sparkling** 330ml £2.50
- coca-cola classic**  330ml £3.35
- coke zero / diet coke**  330ml £3.25
- irn-bru**  (Scotland only) 330ml £3.50
- sprite**  330ml £3.25
- fanta orange**  330ml £3.25
- chu-lo apple**  330ml £3.95  
A tangy soft drink inspired by Japan's popular drink Chuhai, with a fizzy, sour apple taste
- firefly peach & green tea**   330ml £4.50  
A perfect pick-me-up with succulent peaches and grapes, positively enlivened with green tea and kola nut
- firefly kiwi & lime green tea**  330ml £4.50
- happy inside lemon, yuzu & ginger**  250ml £3.95  
A lip-smacking still drink made from completely natural ingredients, including Japanese knotweed. 1% of all sales donated to Mind Charity
- lemonaid**  330ml £4.50  
A fiery ginger and lemon drink with a dash of raw cane sugar. Every bottle sold funds the Lemonaid & ChariTea Foundation

 **Get YO! reward points!**  
For every 50 points you collect at our restaurants (dine in or click & collect), you'll get £5 off on your next order.

 Let's change the way we eat. Selfridges is committed to sourcing food responsibly through Project Earth. Scan for more information. 



Follow us on Facebook, Instagram & TikTok @yosushi  
Snap YO! meal and tag us for your chance to win a treat!

B/Self/D/Kcal/02/23



Sushi & fresh Japanese food



menu



# select from the belt

## pr\*wn crackers New!

Introducing a new plant-based alternative to an iconic snack, served with a sweet chilli dipping sauce **Ve** 117kcal



## maki

- cucumber maki**  
Crunchy cucumber with toasted sesame seeds in a nori roll **Ve** 150kcal
- avocado maki** **H**  
Avocado & mayo, wrapped in a nori roll **Ve** 204kcal
- salmon maki**  
Fresh salmon, wrapped in a nori roll 195kcal
- mixed maki**  
The best of both worlds, 3 salmon maki and 3 avocado maki 199kcal

## temaki handrolls

- yasai** **H**  
Cucumber, inari & avocado with mayo & toasted sesame seeds in a nori rice cone **Ve** 145kcal
- california**  
Surimi, avocado, mayo & toasted sesame seeds in a nori rice cone 223kcal
- salmon & avocado**  
Fresh salmon, avocado, mayo & toasted sesame seeds in a nori rice cone 178kcal

## nigiri

- red pepper**  
Roasted sweet red pepper on sushi rice wrapped with nori seaweed **Ve** 99kcal
- inari taco** **H**  
Golden tofu pockets filled with rice, avocado, ponzu salsa, & sriracha mayo **Ve** 170kcal
- salmon**  
Fresh, hand-cut salmon on sushi rice. Try it with wasabi & soy sauce! 103kcal

## salads

- classic edamame**  
Dished up cold, sprinkled with sea salt and spring onions **Ve** 135kcal  
Order me hot. **Classic** 135kcal or **korean pepper & ponzu edamame** 139kcal **£3.95**
- kaiso seaweed salad** **H**  
Marinated mixed seaweed, edamame & carrot in a su-miso dressing, topped with sesame seeds **Ve** 142kcal

## sushi rolls

- yasai roll**  
Inari, kaiso, avocado, cucumber, lettuce & carrot roll, topped with teriyaki, mayo and spring onion **Ve** 170kcal  
Order 6 pieces for **£8.95** 294kcal
- spicy chicken katsu roll**  
Delicious chicken katsu & lettuce, rolled in shichimi powder & topped with tonkatsu sauce **Ve** 147kcal  
Order 6 pieces for **£8.95** 294kcal
- crunchy california roll** **H**  
Surimi & avocado roll, topped with mayo, teriyaki & crunchy onion 285kcal  
Order 6 pieces for **£8.95** 571kcal
- hoisin duck roll**  
Hoisin duck & cucumber roll, wrapped in sushi rice. All rolled up in crispy onions & sprinkled with spring onion  
Real duck: 148kcal/296kcal  
Mock 'duck' option **Ve** 158kcal/316kcal  
Order 6 pieces for **£8.95**
- crunchy prawn roll**  
Crunchy prawn katsu, avocado & mayo rolled in purple shiso 158kcal  
Order 8 pieces for **£9.50** 315kcal
- YO! roll**  
Our signature salmon, avocado & mayo, rolled in orange masago 191kcal  
Order 8 pieces for **£9.50** 382kcal
- salmon dragon roll**  
California roll topped with salmon, shichimi powder & spring onion **Ve** 201kcal  
Order 8 pieces for **£9.95** 446kcal
- dynamite roll** **H**  
Creamy avocado, kaiso & crunchy carrot in a nori rice roll. Topped with spicy salmon **Ve** 234kcal  
Order 8 pieces for **£9.95** 467kcal
- spicy tuna roll**  
Kaiso, lettuce, carrot & chives in a nori rice roll. Topped with spicy sriracha tuna **Ve** 158kcal  
Order 8 pieces for **£9.95** 317kcal
- veggie volcano roll**  
Kaiso, cucumber, carrot & chive roll, topped with chilli sauce, smashed avocado and crispy onions **Ve** 228kcal  
Order 8 pieces for **£9.95** 457kcal

## sashimi

- salmon ponzu salsa** **H**  
Thinly sliced salmon, topped with salsa & a zingy ponzu dressing 115kcal
- salmon sashimi**  
Our freshest cuts of thick-slice salmon, with a crisp pak choi salad 125kcal
- tuna tataki**  
6 slices of seared yellowfin tuna dressed in citrus ponzu 91kcal
- tuna & avocado tartare**  
Premium yellowfin tuna with diced avocado & a ponzu sauce, topped with crispy onions 145kcal
- tuna sashimi**  
Thick cut slices of yellowfin tuna, with a crisp pak choi salad 70kcal
- salmon selection**  
1 YO! roll, 2 salmon sashimi, 2 salmon maki and 2 salmon nigiri 283kcal



## sushi sharers serves two

- salmon selection** **H** **£18.95**  
Indulge in a salmon platter made up of: 4 salmon maki, 4 salmon nigiri, 2 YO! roll pieces & 4 slices of thick cut salmon sashimi 578kcal
- salmon & tuna selection** **£18.95**  
2 YO! rolls, 2 salmon maki, 2 tuna maki, 2 salmon nigiri, 2 tuna nigiri, 2 thick cut slices of salmon & tuna sashimi 505kcal
- YO! mix** **£17.50**  
4 crunchy prawn roll pieces, 3 crunchy Cali roll pieces, 3 spicy chicken katsu roll pieces, 2 kaiso gunkan, 2 avocado maki & 2 cucumber maki **Ve** 866kcal
- plant platter** **£14.95**  
2 yasai roll pieces, 2 veggie volcano roll pieces, 2 inari taco, 2 kaiso gunkan, 2 avocado maki & 2 cucumber maki **Ve** 652kcal

**Ve** vegan **V** vegetarian **(spicy)** **H** YO! loves

**Allergies?** Please speak to a team member who can help you. For a full allergen guide & nutritional information, please visit [yosushi.com/nutrition](https://yosushi.com/nutrition). We handle several allergens in our kitchen & cannot guarantee our dishes are allergen free.

A discretionary 7.5% tip for our team is added to your bill, you can opt-out of this at check-out

# order from the QR code on your table

## gyoza

Plump dumplings packed with your choice of chicken, prawn or veggie, dished up with a soy vinegar dipping sauce

- veggie gyoza** **Ve** 132kcal/193kcal  
3 pieces/5 pieces **£5.25/£6.95**
- chicken gyoza** **H** 140kcal/206kcal  
3 pieces/5 pieces **£5.50/£7.25**
- prawn gyoza** 148kcal/220kcal  
3 pieces/5 pieces **£5.75/£7.50**

**mega teriyaki gyoza** 3 pieces **£5.95**  
Your choice of gyoza topped with teriyaki, mayo, crispy & spring onions

**veggie** **Ve** 189kcal **chicken** 228kcal **prawn** 237kcal

**mega korean gyoza** 3 pieces **£5.95**  
Your choice of gyoza topped with Korean ketchup, shichimi, mayo, crispy & spring onions **Ve**

**veggie** **Ve** 193kcal **chicken** 232kcal **prawn** 241kcal



## katsu (no rice)

Your choice of succulent chicken, chick'n, prawn or pumpkin, in Japanese panko breadcrumbs; drizzled with fruity tonkatsu sauce & dished up with a fresh pak choi & ponzu salad

- pumpkin** **Ve** 153kcal **£5.50**
- chicken** 217kcal **£5.95**
- meatless farm chick'n** **Ve** 292kcal **£5.95**
- prawn** 175kcal **H** **£7.25**

## teriyaki

Served in a tempting, sticky soy glaze, topped with sesame & a fresh chilli kick.

- beef** **Ve** 331kcal **H** **£7.50**  
**add steamed rice** 559kcal **£9.25**
- chicken** **Ve** 197kcal **£5.95**  
**add steamed rice** 425kcal **£7.75**

## firecracker rice

Seasoned sushi rice stir-fried with fresh vegetables & shichimi chilli powder

- veggie** **Ve** **£4.95** 391kcal
- chicken** **H** **£5.95** 417kcal
- salmon** **£6.50** 460kcal

## yakisoba noodles

Fresh yakisoba noodles stir-fried in a tangy sauce served with crunchy vegetables

- veggie** **Ve** **£5.25** 279kcal
- chicken** 319kcal **£6.25**



## street food

**YO! fries** **H** **£4.50**  
Japanese style fries drizzled in sriracha mayo, sprinkled with furikake **Ve** 348kcal

**mighty duck fries** **£5.75**  
Crispy fries loaded with duck, Korean ketchup, mayo & furikake **Ve** 333kcal  
Mock 'duck' option **Ve** 324kcal

**spicy pepper squid** **£7.95**  
Crispy squid, dusted in a spicy seasoning, dished up with a chilli & ginger dipping sauce **Ve** 193kcal

**popcorn shrimp** **£7.95**  
Tempura shrimp drizzled with a sweet shiro miso & chilli sauce 355kcal

**cheese YO!nut** **New** **£3.50**  
Mixed cheese filled donut with a panko breadcrumb, topped with fresh chive, crispy onions, sesame seeds, okonomiyaki sauce, and YO! mayo 407kcal

**katsu chicken YO!nut** **New** **£3.50**  
Chicken katsu curry flavoured donut with a panko breadcrumb, topped with shaved coconut, spring onion, shredded ginger and a katsu curry sauce 440kcal

**korean fried chicken** **H** **£7.25**  
Fried chicken, tossed in a tasty sweet & spicy Korean chilli sauce **Ve** 415kcal

**add steamed rice** 623kcal **£8.50**  
**japanese fried chicken** **£6.75**  
Fried chicken breast, marinated in soy & sake; served with mayo 385kcal

## sides

- curry sauce** **Ve** 88kcal **£1.50**
- steamed rice** **Ve** 303kcal **£2.50**



## poké

Choose your protein and base below:

- |   |  |
|---|--|
| <b>protein:</b>   | <b>base:</b>                             |
| <b>dynamite salmon</b> <b>Ve</b> 360kcal <b>£11.95</b>  | <b>sushi rice</b> <b>Ve</b> 337kcal      |
| <b>spicy tuna</b> <b>Ve</b> 360kcal <b>£11.95</b>       | <b>spinach</b> <b>Ve</b> 13kcal          |
| <b>sriracha chicken</b> <b>Ve</b> 301kcal <b>£11.95</b> | <b>half &amp; half</b> <b>Ve</b> 175kcal |
| <b>hoisin 'duck'</b> <b>Ve</b> 332kcal <b>£11.95</b>    |  |

Topped with avocado, YO! slaw, sweetcorn, edamame and kaiso. Sprinkled with pomegranate seeds, red chilli and sesame, drizzled with your favourite sauce:

- |  |  |
|--|--|
| <b>citrus ponzu</b> <b>Ve</b> 71kcal   | <b>kfc sweet chilli</b> <b>Ve</b> 109kcal        |
| <b>korean ketchup</b> <b>Ve</b> 88kcal | <b>sriracha mayo</b> <b>Ve</b> 168kcal           |
| <b>sriracha</b> <b>Ve</b> 40kcal       | <b>zingy lemon &amp; chilli</b> <b>Ve</b> 71kcal |

Add toppings to have your bowl, your way:

- |   |   |  |
|---|---|--|
| <b>dynamite salmon</b> <b>Ve</b> 115kcal <b>£2.95</b> | <b>hoisin 'duck'</b> <b>Ve</b> 115kcal <b>£2.20</b> | <b>avocado</b> <b>Ve</b> 57kcal <b>£1.95</b> |
| <b>spicy tuna</b> <b>Ve</b> 64kcal <b>£2.95</b>       |   |  |
| <b>sriracha chicken</b> <b>Ve</b> 56kcal <b>£2.50</b> |   |  |

## katsu curry bowl **H**

A Japanese classic. Mild curry sauce, dished up with steamed rice, pickled ginger & spring onion

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|--|--|
| <b>pumpkin</b> <b>Ve</b> 430kcal/603kcal               | regular <b>£7.50</b> / large <b>£11.25</b> |
| <b>chicken</b> 517kcal/846kcal <b>H</b>                | regular <b>£8.25</b> / large <b>£11.95</b> |
| <b>meatless farm chick'n</b> <b>Ve</b> 583kcal/977kcal | regular <b>£8.25</b> / large <b>£11.95</b> |
| <b>prawn</b> 465kcal/704kcal                           | regular <b>£8.50</b> / large <b>£12.25</b> |

## korean donburi

Fried chicken, tossed in a tasty sweet & spicy Korean chilli sauce, dished up with steamed rice, pak choi & radish

- |  |                     |
|--|---------------------|
| <b>korean chicken</b> <b>Glow Up!</b> <b>Ve</b> 1126kcal | large <b>£12.25</b> |
|--|---------------------|

## teriyaki bowl

Served in a tempting, sticky soy glaze, topped with sesame & a fresh chilli kick. Dished up with steamed rice, pak choi & radish

- |  |                     |
|--|---------------------|
| <b>beef</b> <b>Glow Up!</b> <b>Ve</b> 983kcal    | large <b>£12.95</b> |
| <b>chicken</b> <b>Glow Up!</b> <b>Ve</b> 715kcal | large <b>£11.25</b> |

## ramen

**spicy seafood** **H** **Glow Up!** **£13.50**  
Prawn, salmon and calamari with pak choi, bamboo shoots, beansprouts in a kimchee ramen sauce, served with a soy-marinated egg, crispy fried noodles, spring onion, fresh red chilli and nori **Ve** 407kcal

**teriyaki chicken** **Glow Up!** **£12.95**  
Teriyaki chicken with pak choi, crunchy radish, bamboo shoots & beansprouts in a dashi broth, served with a soy-marinated egg and topped with crispy fried noodles, spring onion, fresh red chilli and nori 508kcal

**shiitake mushroom ramen** **Glow Up!** **£12.95**  
Vegetable gyoza & shiitake mushroom with pak choi, bamboo shoots, beansprouts in a miso ramen, crispy fried noodles, spring onion, fresh red chilli and nori **Ve** 383kcal

**soy egg** **Ve** 43kcal  
(add me to the shiitake mushroom ramen for free!)