



TESCO KIOSKS

ALLERGEN
INFORMATION AND
DIETARY GUIDE

LAST UPDATED: 23RD JAN 2019

INTRODUCTION



At YO! We take our nutritional and allergen responsibilities seriously. We understand that some guests have specific requirements and it's important to be informed.

We are proud to make our sushi, salads and hot dishes fresh daily in our kitchens. This means that our kitchens frequently handle many of the following allergens:

- celery
- cereals containing gluten (namely barley, oats, rye, wheat)
- crustaceans
- eggs
- fish
- lupin
- milk
- molluscs
- mustard
- sesame seeds
- soybeans
- sulphites

If you have any questions, concerns or would like more information please ask a team member.

If you have any thoughts and feedback for us regarding this or any other matter, please contact feedback@yosushi.com

Key



A tick indicates that the dish contains the specified allergenic ingredient.

M

The letter M indicates that the dish is fried in oil which may also be used to fry other dishes that include the specified allergenic ingredient.

Please Note

This guide has been produced for informational purposes only.

Although we do not use tree nuts or peanuts in our dishes, we cannot guarantee that our suppliers work in nut free environments.

While every effort is made to ensure that there has been no cross contamination, we cannot guarantee that any item is free from any allergenic ingredients.

Dish Name

Cereals containing Gluten :

- Wheat
- Spelt (Wheat)
- Kamut (Wheat)
- Rye
- Barley
- Oats

Fish

Crustaceans

Molluscs

Eggs

Soybeans

Milk

Tree Nuts :

Almonds

Hazelnut

Walnut

Cashew nut

Pecan nut

Brazil nut

Pistachio nut

Macadamia nut or Queensland nut

Peanuts

Celery

Mustard

Sesame

Sulphur dioxide/sulphites

Lupin

Dish Name	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Fish	Crustaceans	Molluscs	Eggs	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Peanuts	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin		
P19 Gyoza Bento - Kiosk	<>	<>					<>			<>	<>												<>	<>				
P19 Kaiso Salad - Kiosk	<>	<>					<>			<>	<>												<>	<>				
P19 Kickin Salmon Roll - Kiosk	<>	<>					<>			<>		<>												<>	<>			
P19 Maki Box - Kiosk	<>	<>					<>				<>													<>	<>			
P19 Miso Corn Poke - Kiosk	<>	<>					<>				<>	<>												<>	<>			
P19 Ponzu Salmon Poke - Kiosk	<>	<>					<>				<>	<>												<>	<>			
P19 Pumpkin Katsu Curry - Kiosk	<>	<>					<>				<>													<>	<>			
P19 Salmon & Avocado Box - Kiosk							<>																		<>			
P19 Salmon & Avocado Handroll - Kiosk							<>			<>															<>			
P19 Salmon & Tuna Box (Large) - Kiosk							<>			<>	<>														<>			
P19 Salmon & Tuna Box (Small) - Kiosk	<>	<>					<>				<>													<>				
P19 Salmon Avocado Maki Small Box - Kiosk	<>	<>					<>				<>														<>			
P19 Salmon Box - Kiosk	<>	<>					<>				<>													<>				
P19 Salmon Nigiri Small Box - Kiosk							<>																					
P19 Salmon Sashimi - Kiosk							<>																					
P19 Shibuya Platter - Kiosk	<>	<>					<>	<>		<>	<>	<>												<>	<>			
P19 Spicy Chicken Roll Small Box - Kiosk	<>	<>					<>			<>															<>	<>		
P19 Spicy Tuna & Avocado Roll - Kiosk							<>																		<>	<>		
P19 Teriyaki Chicken - Kiosk	<>	<>					<>			<>	<>	<>													<>	<>	<>	
P19 Tokyo Platter - Kiosk	<>	<>					<>	<>	<>	<>	<>	<>												<>	<>	<>		
P19 Truffle Tuna Poke - Kiosk	<>	<>					<>				<>														<>	<>		
P19 Tuna Sashimi - Kiosk							<>																					
P19 Vegan Box - Kiosk	<>	<>									<>													<>	<>	<>		

