



allergen information & dietary guide



YO! kiosk
Last updated September 2023

Nutritional Information Recipe List (values per typical serving)

Recipe Name	Energy (kcal)	Energy (KJ)	Fat (g)	saturates (g)	mono (g)	poly (g)	Carb (g)	Starch (g)	Sugars (g)	Protein (g)	Fibre (g)	Sodium (mg)
Korean BBQ Wings Sept 23 T	483.0	2029.6	19.6	4.7	0.0	0.0	38.8	4.8	-	34.3	1.8	1039.4
Spicy Korean BBQ Wings Sept 23 T	492.9	2070.9	19.8	4.7	0.0	0.0	41.8	4.8	-	34.7	1.8	1042.2
Sweet & Sour Namabn Chicken Sept 23 T	618.1	2611.8	11.0	1.7	0.0	0.0	113.7	-	39.8	14.1	-	919.1
Sweet and Sour Namban Bites Sept 23 T	712.3	2992.8	26.4	4.2	0.0	0.0	89.9	-	46.0	31.5	-	1727.0
YO! Yellow Chicken Curry Sept 23 T	819.5	1836.2	9.5	6.3	-	-	80.7	-	5.2	22.7	3.3	594.5