allergen & nutritional information

YO! kiosk menu
september 2024

Recipe FIR Intolerance Report

Dish Name	**Cereals containing Gluten :**	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	**Tree Nuts :**	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs
Avocado Maki Tesco 22																												
Beef Massaman Curry sept Tesco 23	✓	✓										✓												✓				
California Crunch Roll Mini Pack Tesco 22	✓	✓						✓	✓	✓		✓																
California Crunch Roll Tesco 22	✓	✓						✓	✓	✓		✓																
California Dreamin' Tesco 22	✓	✓						✓	✓	✓		✓													✓			
California Roll Tesco 22	✓	✓						✓	✓	✓		✓													✓			
Chicken All Stars Tesco 22	✓	✓										✓													✓			
Chicken Gyoza Mini Pack Tesco 22	✓	✓										✓													✓			
Chicken Gyoza Tesco 22	✓	✓										✓													✓	✓		
Chicken Katsu Crunch Roll Mini Pack Tesco 22	✓	✓										✓																
Chicken Katsu Crunch Roll Tesco 22	✓	✓										✓																
Chicken Katsu Curry mayo Roll TSK	✓	✓										✓												✓				
Chicken Katsu Curry Tesco 22	✓	✓										✓												✓				
Chicken Poké bowl Tesco 22	✓	✓										✓													✓			
Chicken Teriyaki Noodles Tesco 22	✓	✓										✓													✓			
Chicken Teriyaki Rice Bowl Tesco 22	✓	✓										✓													✓			
Classic Catch Tesco 22	✓	✓						✓	✓	✓		✓													✓			
Combo 1 YOF										✓															✓			
Combo 2 YOF										✓															✓			
Combo 3 YOF	✓	✓						✓	✓	✓		✓													✓			
Crunchy Katsu & Hoisin Collab Tesco 22	✓	✓										✓													✓			
Cucumber Maki Tesco 22																												
Curried chicken onigiri Tesco 24	✓	✓																						✓	✓			
Duck Gyoza Tesco 22	✓	✓										✓													✓	✓		
Duck Teriyaki Rice Bowl Tesco 22	✓	✓										✓													✓			
Edamame Tesco 22												✓																
Footie sushi snack Tesco 24	✓	✓								✓		✓																
Green Dragon Roll TSK									✓	✓																		
Hoisin Duck Bao Tesco 22	✓	✓										✓																
Hoisin Duck Crunch Roll Tesco 22	✓	✓										✓																
Hoisin Duck Roll Tesco 22	✓	✓										✓													✓			
Hot Chicken Gyoza Tooley Street 2023	✓	✓										✓													✓	✓		
Hot Chicken Katsu Curry Tooley Street	✓	✓										✓												✓				
Hot Korean Chicken Bites Tooley Street 2023	✓	✓										✓																
Hot Korean Chicken Rice Bowl Tesco 22	✓	✓										✓																
Hot Korean Chilli Beef Bulgogi Tooley Street 2023	✓	✓										✓													✓			
Hot Pumpkin Katsu Curry Tooley Street 2023	✓	✓										✓												✓				
Hot Teriyaki Chicken Bites Tooley Street 2023	✓	✓										✓													✓			
Hot Veggie Gyoza Tooley Street 2023	✓	✓										✓													✓	✓		
Inari Nigiri Tesco 22	✓	✓										✓																
Inari Selects Tesco 24	✓	✓						✓	✓	✓		✓													✓			
Inari Snack Pack Tesco 22	✓	✓										✓																
Kaiso Salad Tesco 22																									✓			
Kaiso Topped California Roll	✓	✓						✓	✓	✓		✓													✓			
Kochi dragon sushi bento Tesco 24	✓	✓						✓	✓	✓		✓																
Korean BBQ Wings Sept Tesco 23	✓	✓																							✓			
Korean Chicken Bao Tesco 22	✓	✓										✓																
Korean Chicken Bites Mini Pack Tesco 22	✓	✓										✓																
Korean Chicken Bites Tesco 22	✓	✓										✓																
Korean Chicken Noodles Tesco 22	✓	✓										✓													✓			
Korean Chicken Onigiri Tesco 24																									✓			
Korean Chicken Rice Bowl Tesco 22	✓	✓										✓																
Korean style Beef Rice Bowl Tesco 22	✓	✓										✓													✓			
Kyoto Garden Platter Tesco 22	✓	✓										✓													✓			
Nigiri Selects TSK 24								✓		✓															✓			
O-Mega Salmon Tesco 22										✓															✓			
Osaka veggie platter	✓	✓										✓													✓			
Plant Power Tesco 22	✓	✓										✓																
Prawn Katsu Crunch Roll Mini Pack Tesco 22	✓	✓						✓				✓																
Prawn Katsu Crunch Roll Tesco 22	✓	✓						✓				✓																
Prawn Katsu Roll Tesco 22	✓	✓						✓				✓													✓			
Pumpkin Katsu Bao Tesco 22	✓	✓										✓																
Pumpkin Katsu Curry Tesco 22	✓	✓										✓												✓				
Rainbow Poke Roll Tesco 24	✓	✓						✓	✓	✓		✓																

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Dish Name	**Cereals containing Gluten :**	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	**Tree Nuts :**	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs
Rainbow Roll TSK F 24	✔	✔						✔	✔	✔		✔																
Salmon & Avocado Crunch Roll Mini Pack Tesco 22	✔	✔								✔		✔																
Salmon & Avocado Crunch Roll Tesco 22	✔	✔								✔		✔																
Salmon & Tuna Deluxe YOF	✔	✔								✔		✔												✔	✔			
Salmon and Prawn Nigiri Tesco 22								✔		✔																		
Salmon Avo Roll Tesco 22										✔															✔			
Salmon Dragon Roll Tesco 22	✔	✔						✔	✔	✔		✔													✔			
Salmon Maki Tesco 22										✔																		
Salmon Nigiri Tesco 22										✔																		
Salmon Poké bowl Tesco 22	✔	✔								✔		✔													✔			
Salmon Sashimi Tesco 22										✔																		
Salmon Selects Tesco 24										✔															✔			
Salmon Snack Pack Tesco 22										✔																		
Sapporo seafood platter	✔	✔						✔	✔	✔		✔													✔			
Satay Yakitori NPD Tesco 22	✔	✔										✔												✔				
Seafood Selects Tesco 24	✔	✔						✔	✔	✔		✔																
Sesame Chicken Katsu Roll Tesco 22	✔	✔										✔													✔			
Sesame Veggie Roll Tesco 22																									✔			
Shibuya Party Platter Tesco 22	✔	✔						✔	✔	✔		✔													✔			
Shrimply the Best Tesco 22	✔	✔						✔				✔													✔			
Spicy Cali Roll Tesco 23	✔	✔						✔	✔	✔		✔													✔			
Spicy Chicken Katsu Crunch Roll Mini Pack Tesco 22	✔	✔										✔													✔			
Spicy Chicken Katsu Crunch Roll Tesco 22	✔	✔										✔													✔			
Spicy Chicken Katsu Roll Tesco 22	✔	✔										✔													✔			
Spicy katsu chicken Rice Bowl NPD Tesco 22	✔	✔										✔												✔				
Spicy Korean BBQ Wings Sept Tesco 23	✔	✔										✔												✔				
Spicy Prawn Katsu Crunch Roll Tesco 22	✔	✔						✔				✔													✔			
Spicy Prawn Katsu Roll Tesco 22	✔	✔						✔				✔													✔			
Spicy Salmon & Avocado Crunch Roll Mini pack Tesco 22	✔	✔								✔															✔			
Spicy Salmon & Avocado Crunch Roll Tesco 22	✔	✔								✔															✔			
Spicy Salmon Avo Roll Tesco 22										✔															✔			
Spicy Salmon Teriyaki Dragon Roll Tesco 24	✔	✔						✔	✔	✔		✔																
Spicy Surimi Topped Salmon Roll	✔	✔						✔	✔	✔		✔																
Spicy Tuna Crunch Roll Tesco 22	✔	✔								✔															✔			
Spicy Tuna Roll Tesco 22										✔															✔			
Spicy Veggie Crunch Roll Mini Pack Tesco 22	✔	✔																							✔			
Spicy Veggie Crunch Roll Tesco 22	✔	✔																							✔			
Spicy Yakitori NPD Tesco 22	✔	✔										✔																
Sushi Sharer Tesco 22	✔	✔						✔	✔	✔		✔													✔			
Sweet & Sour Chicken Nanban Bites Tesco 23	✔	✔										✔														✔		
Sweet & Sour Chicken Nanban Rice Bowl Tesco 23	✔	✔										✔													✔	✔		
Sweet Chilli Noodles Tesco 22	✔	✔										✔													✔			
Teriyaki Chicken Bites Mini Pack Tesco 22	✔	✔										✔													✔			
Teriyaki Chicken Bites Tesco 22	✔	✔										✔													✔			
Teriyaki Mayo Chicken Bites Mini Pack Tesco 22	✔	✔										✔																
Thai Salmon Volcano Roll TSK										✔																		
Tokyo Dragon Sushi Bento	✔	✔						✔	✔	✔		✔																
TokYO! party platter	✔	✔										✔													✔			
Tuna & cucumber onigiri Tesco 24										✔															✔			
Tuna Caterpillar Roll Tesco 24	✔	✔								✔		✔																
Tuna Crunch Roll Tesco 22	✔	✔								✔		✔																
Tuna Roll Tesco 22										✔															✔			
Veggie Crunch Roll Tesco 22	✔	✔										✔																
Veggie Gyoza Mini Pack Tesco 22	✔	✔										✔													✔			
Veggie Gyoza Tesco 22	✔	✔										✔													✔	✔		
Yellow Thai Chicken Curry Tesco 23										✔																		
YO Mixed Nigiri										✔																		
YO Tuna Mix Combo B	✔	✔						✔	✔	✔		✔																
YO Tuna Mix Combo C										✔															✔			
YO! Faves Pick 'n' Mix Tesco 22	✔	✔						✔	✔	✔		✔													✔			
YO!kyo Top Hits Tesco 22	✔	✔						✔		✔															✔			