


how to YO!


welcome

- 1






Grab a seat, order your drinks & help yourself to cold dishes on the belt.

 57,-
- 2



For delicious hot food (& any dishes you can't see on the belt), place your order with a team member.

 68,-
- 3

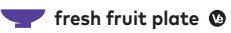

When you're done, we'll add up all your coloured plates & hot food order to work out your bill. Simple!

 79,-
-  92,-
-  109,-
-  122,-
-  129,-
- enjoy!

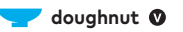

desserts

**petit fours** 


Assorted sweet chocolate treats.
Contains: M, N*

**fresh fruit plate** 

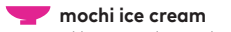
The perfect palate cleanser - our fresh and healthy fruit plate.

**doughnut** 






Assorted flavours with strawberry filling, chocolate or hazelnut filling topped with chocolate glaze.
Contains: G (Hv), So, M, N, Ha





**oreo cake**

Heavenly layers of chocolate brownie, white chocolate mousse, cheesecake cream, large pieces of Oreo cookies and chocolate ganache.
Contains: G (Hv), M, E, Pe*

**mochi ice cream**

Inspired by a traditional Japanese dessert. Small scoops of ice cream covered in sweet rice casing called mochi - available in mango sorbet, strawberry ice cream or salted caramel ice cream.



 vegan  vegetarian
 mild  medium  hot

allergies?
Please speak to a team member who can help you. For a full allergen guide & nutritional information, please visit [yosushi.com/nutrition](#). We handle several allergens in our kitchen & cannot guarantee our dishes are allergen free.

soft drinks

| | | |
|-------------------------|---------|------|
| Økologisk kombucha | 33 cl | 77,- |
| Bundaberg brewed drinks | | 69,- |
| Solo | 30 cl | 60,- |
| Pepsi | 30 cl | 60,- |
| Pepsi Max | 30 cl | 60,- |
| 7 up free | 30 cl | 60,- |
| Askim eplemost | 33 cl | 65,- |
| Hervik orange juice | | 65,- |
| Froosh | | 60,- |
| Imsdal | 50 cl | 56,- |
| Farris sparkling water | 37,5 cl | 60,- |

unlimited refills

| | |
|--------------------|------|
| Black tea | 63,- |
| Jasmine tea | 63,- |
| Japanese green tea | 56,- |
| Coffee | 54,- |

sake

Ask our staff for today's selection

| | |
|----|-----------------|
| F | FISH |
| E | FISK |
| E | EGG |
| Hv | EGG |
| By | WHEAT |
| V | HVETE |
| Se | BARLEY |
| Sv | BYGG |
| | WALNUTS |
| | VALNØTTER |
| | SESAME SEEDS |
| | SESAMFRØ |
| | SULPHUR DIOXIDE |
| | SVOVELDIOKSID |

drinks to order

bottled beer

| | | |
|--------------------------------------|-------|-------|
| Ringnes Lite | 50 cl | 156,- |
| Contains: G(By) | | |
| ECD Ramp Pale Ale | 33 cl | 141,- |
| Contains: G(By, Hv) | | |
| Kirin Ichiban | 33 cl | 140,- |
| (Japan) 4,6% abv Contains: G(By) | | |
| Kronenbourg 1664 Blanc | 33 cl | 140,- |
| Contains: G(By, Hv) | | |
| Carlsberg | 33 cl | 119,- |
| (Norway) 4,7% abv Contains: G(By) | | |
| Ringnes Lettøl | 50 cl | 109,- |
| (Mexico) 4,6% abv Contains: G(By) | | |
| Munkholm Radler Sitron | 33 cl | 89,- |
| Contains: G(By) | | |

draft beer

| | | |
|------------------------|----------|-------------|
| Frydenlund | 40/60 cl | 116,-/149,- |
| Contains: G(By) | | |
| Kronenbourg 1664 Blanc | 25/50 cl | 116,-/171,- |
| Contains: G(By, Hv) | | |

cider

| | | |
|-------------------------|-------|-------|
| Somersby Sparkling Rosé | 33 cl | 136,- |
| Contains: Sv | | |
| Breezer Lime | 33 cl | 136,- |
| Breezer Mango | 33 cl | 136,- |

wine

sparkling

| | | |
|---------------------------|--------|-------|
| Pongraz | 12 cl | 160,- |
| Contains: Sv | | |
| 75 cl | 755,- | |
| Wongraven | bottle | 915,- |
| Champagne Contains: Sv | | |

white

| | | |
|-------------------|---------|-------|
| Laroché Chanoines | 12,5 cl | 190,- |
| Chablis | | |
| 20 cl | 235,- | |
| bottle | 849,- | |
| Contains: Sv | | |

| | | |
|--------------|---------|-------|
| Wongraven | 12,5 cl | 180,- |
| Riesling | | |
| 20 cl | 220,- | |
| bottle | 815,- | |
| Contains: Sv | | |

| | | |
|--------------|---------|-------|
| Laroché L | 12,5 cl | 150,- |
| Chardonnay | | |
| 20 cl | 208,- | |
| bottle | 755,- | |
| Contains: Sv | | |

rose

| | | |
|--------------|---------|-------|
| Lyv Rosé | 12,5 cl | 126,- |
| Contains: Sv | | |
| 20 cl | 191,- | |
| bottle | 655,- | |

red

| | | |
|-----------------|---------|-------|
| Sécret de Lunes | 12,5 cl | 150,- |
| Pinot Noir | | |
| 20 cl | 208,- | |
| bottle | 755,- | |
| Contains: Sv | | |

boba tea

| | |
|-------|------|
| small | 79,- |
| large | 98,- |

| | |
|----|-----------|
| B | MOLLUSCS |
| M | BLØTDYR |
| R | MILK |
| P | MELK |
| SI | RYE |
| L | RUG |
| H | PEANUTS |
| | PEANØTTER |
| | CELERY |
| | SELLERI |
| | LUPIN |
| | LUPIN |
| | OATS |
| | HAVRE |

| | |
|----|---------------|
| S | CRUSTACEANS |
| G | SKALLDYR |
| N | GLUTEN |
| Ha | GLUTEN |
| Sn | NUTS |
| So | NØTTER |
| | HAZELNUTS |
| | HASSELNØTTER |
| | MUSTARD SEEDS |
| | SENNEPSFRØ |
| | SOY |
| | SOYA |

YO! offers

Be the first to know about our new dishes & great offers by signing up to our email newsletters.

 [yosushi.com](#)

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[@yosushioslo](#)



Sushi & fresh Japanese food

menu

find me on the belt or order

All of our handcrafted sushi dishes can be taken & enjoyed from our conveyor belt

rolls



chicken avocado

prawn & avocado maki
Fried prawn katsu roll topped with avocado, black caviar and chili mayo.
Contains: G(Hv),F, S, Se, E, Sn
Traces of: B



YO! roll

avocado maki
Soft avocado nori roll.



nigiri



nigiri platter

scallops and black caviar nigiri
Fresh hand cut scallop with black caviar on sushi rice.
Contains: G(Hv), So, F, Se, E, Sn



salmon maki
Fresh salmon wrapped in nori roll.
Contains: F



inari taco
Golden tofu pockets filled with rice, avocado, ponzu salsa & vegan sriracha mayo.
Contains: G(Hv), So, Sn, Se



seared salmon mango roll
Avocado and cucumber roll topped with salmon lightly seared with a blowtorch, mango and teriyaki sauce.
Contains: G(Hv),So, F, E, Sn



ginza
Salmon, cream cheese, cucumber, chives & arénkha caviar. Topped with teriyaki, sriracha & mayo.
Contains: G(Hv), F, E, So, M, Sn



dynamite
Salmon, avocado and rayu chili oil nori roll topped with sriracha mayo and spring onion.
Contains: E, F, Sn, Se



kickin' salmon
Salmon, avocado, cream cheese & cucumber rolled in Korean red pepper powder. Topped with crispy onions & sriracha mayo.
Contains: G(Hv), F, E, So, M, Sn



dragon
California roll topped with fresh salmon, shichimi powder and spring onion.
Contains: G(Hv), F, Se, So, Sn, S, E



prawn katsu roll
Fried prawn katsu with avocado rolled in sesame seeds.
Contains: G(Hv), F, S, E, So, Sn



yasai
Veggie heaven; Inari, avocado, cucumber and carrot nori roll with teriyaki and vegan mayo.
Contains: G(Hv), So, Sn, Se



spicy tuna
Chopped yellowfin tuna, spicy sriracha and rayu chili oil nori roll with shichimi powder.
Contains: F, Se



YO! roll
Our signature roll! Fresh salmon, avocado & mayo, rolled in orange masago.
Contains: E, F, Sn



tuna maki
Yellowfin tuna roll.
Contains: F



crunchy california
Surimi and avocado roll, topped with teriyaki sauce, mayo & crispy shallots..
Contains: G(Hv), F, Se, So, Sn, S, E



chicken avocado
Chicken, romano salad and avocado rolled in spring onion.
Contains: E, Sn



cucumber maki
Crunchy cucumber and toasted sesame seed nori roll.
Contains: Se



spicy chicken
Crispy chicken katsu nori roll with shichimi powder.
Contains: G(Hv), E, Se



temaki hand-rolls



salmon & avocado

yasai
Cucumber, inari & avocado with vegan mayo, wrapped in nori rice cone.
Contains: G(Hv), So, Se

california
Surimi, avocado, mayo & toasted sesame seeds in a nori rice cone.
Contains: G(Hv), F, E, Se

salmon & avocado
Fresh salmon, avocado, mayo & toasted sesame seeds in a nori rice cone.
Contains: F, E, Se

platters

9 pieces of your favourite roll. Great to share!
Choose from:

yasai 185,-
Contains: G(Hv), So, Sn, Se

chicken avocado 189,-
Contains: E, M, Sn

crunchy california 129,-
Contains: G(Hv), F, Se, So, Sn, S, E

prawn katsu 219,-
Contains: G(Hv), F*, S, B*, E, So

kickin' salmon 229,-
Contains: G(Hv), F, E, So, M, Sn

YO! roll 159,-
Contains: F, E, Sn

sashimi



sesame seared salmon sashimi

salmon selection
Three pieces of salmon sashimi, two salmon nigiri and two salmon maki, all on one plate.
Contains: F



tuna & caviar sashimi
Seared tuna, marinated in sake & soy and served with shiso leaf.
Contains: G(Hv), So, F



tuna
Thick cut slices of yellowfin tuna.
Contains: F



sesame seared salmon sashimi (5slices)
Sesame seared salmon.
Contains: F, Se



salmon
Thick slices of fresh cut Norwegian salmon.
Contains: F, Se



salmon & yuzu salsa
Thinly sliced salmon served up with a yuzu & ponzu dressing.
Contains: G(Hv), So, F, Se



salads



kimchi squid

edamame
Pods sprinkled with sea salt flakes and spring onion. Pop the beans out and eat.
Contains: So



kaiso seaweed
Marinated mixed seaweed, edamame and carrot in a su-miso dressing.
Contains: G(Hv), So, Sn, Se, Sv



harusame aubergine
Fried slices of aubergine in a garlic & ginger sesame soy dressing.
Contains: G(Hv), So, Se



ramen noodle salad
Noodles coated in sesame sauce with pickled ginger, wakame and crispy shallots.
Contains: G(Hv), E, So, Sn, Se



kimchi squid
Poached squid with quick-pickled spicy kimchi vegetables.
Contains: G(Hv), F, B, So, Se



poke bowls

poke bowl salmon

Fresh norwegian salmon served on sushi rice with avocado, mango, edamame beans, spring onions, spicy mayo and ponzu sauce.
Contains: G(Hv), So, F, Se, E, Sn



poke bowl tuna

Our signature spicy tuna served on sushi rice with avocado, mango, edamame beans, spring onions, spicy mayo and ponzu sauce.
Contains: G(Hv), So, F, Se, E, Sn



go large 209,-

hot dishes freshly cooked to order

For delicious hot food, place your order with a team member

tempura



prawn tempura

kakiage vegetable tempura
Shredded vegetables bound together in a crisp tempura batter with sesame vinegar sauce.
Contains: G(Hv), So, Se. Traces of: F, S, B

prawn tempura
Black tiger prawns fried in a crispy and light batter with sweet chili mayo.
Contains: G(Hv), S, E, Sn. Traces of: F, B

ramen



chicken curry ramen

spicy beef ramen 225,-
Beef with ramen noodles, spicy kimchi broth, wakame, fishcake, scallion, egg, sesame seeds & nori.
Contains: G(Hv), E, So, F, E, Se

miso dumpling ramen
Vegetable dumplings and crunchy vegetables in a miso broth with chili sesame paste and ramen noodles or rice.
Contains: G(Hv), F, E, So, Sl, Se

spicy seafood ramen
Prawns, salmon, squid and vegetables in a hot and spicy kimchi broth served with ramen noodles.
Contains: G(Hv), F, S, B, E, So, Se

chicken curry ramen
Japanese fried chicken & noodles in a delicious curry broth. Topped with pak choi & pickled onions.
Contains: G(Hv), P, So, F, B*, S*

go large 209,-

Go large on our spicy seafood ramen, chicken curry ramen and miso dumpling ramen

Light & delicious
unlimited
MISO

just 59,-
Miso is a light soup with wakame, spring onion and tofu. Healthy & delicious, it goes with every meal.
Contains: G(Hv), So, F

teriyaki



beef teriyaki

chicken teriyaki
Succulent chicken thigh glazed in a sweet, sticky teriyaki glaze.
Contains: G(Hv), Se. Traces of: F, S, B, So
go large 185,-

beef teriyaki
Crispy slices of beef in a tempting sticky garlic & soy glaze with a fresh chili kick.
Contains: G(Hv), E, So. Traces of: F, S, B, Se
go large 219,-

katsu



chicken katsu

Your choice of succulent chicken, scallops, prawn or crispy tofu in Japanese panko, drizzled with fruity tonkatsu sauce.
 wild north atlantic sea scallops
Contains: G (Hv), B, E, Sn. Traces of: F, S, Se

tofu
Contains: G (Hv), E, So, Se. Traces of: F, S, B

chicken
Contains: G (Hv), E. Traces of: F, S, B, Se

prawn
Contains: G (Hv), S, E, So. Traces of: F, B

katsu curry



prawn katsu curry

prawn katsu curry
Succulent prawns in a panko crumb with mild curry sauce, pickles and steamed rice.
Contains: G(Hv), S, So, P. Traces of: F, B

tofu katsu curry
Crispy tofu with mild curry sauce, pickles, spring onion and steamed rice.
Contains: G(Hv), E, So, P, Se

chicken katsu curry
Succulent chicken in a crispy japanese panko crumb with mild curry sauce, pickles & steamed rice.
Contains: G(Hv), So, P. Traces of: F, S, B

go large 209,-

Go large on our katsu curries. These main course portions are all served with rice and salad.

yakisoba



chicken yakisoba

Fresh yakisoba noodles stir-fried in a tangy sauce served with a crunchy vegetables.
Contains: G(Hv), E, So, Se

vegetable
Contains: G(Hv), So, Se

chicken

rice



salmon fried rice

Seasonal sushi rice stir-fried with fresh vegetables and shichimi chili powder.

vegetable
Contains: G(Hv), So, Se

chicken
Contains: G(Hv), So, Se

salmon
Contains: G(Hv),F, So, Se

plain steamed rice

street food



stir fried pak choi & garlic

YO! fries
Japanese style fries coated in sriracha mayo and sprinkled with sesame, aonori & smokey bonito flakes.
Contains: E, F, Sn, Se, So
Traces of: G(Hv), B, S

vegetable gyoza
Dumplings filled with vegetables and soy protein. Served with a soy vinegar dipping sauce.
Contains: G(Hv), So, Sl, Se
Traces of: F, S, B

stir fried pak choi & garlic
Stir-fried baby pak choi, with garlic, ginger soy and sesame oil.
Contains: G(Hv), Se, So

popcorn shrimp
Tempura shrimp drizzled with a sweet shiro miso & chili sauce.
Contains: G(Hv), E, So, S, Sn, Se
Traces of: B, F

chicken gyoza
Chicken & vegetable filled dumplings. Served with a soy vinegar dipping sauce.
Contains: G(Hv), So, Se

spicy pepper squid
Spicy marinated squid, fried until crisp and garnished with red chili & spring onions.
Contains: G(Hv), B, So, Se. Traces of: F, S

japanese fried chicken
Crunchy fried chicken breast marinated in soy and sake, served with mayo.
Contains: G(Hv), E, So
Traces of: F, S, B, Se

seafood gyoza
Dumplings packed with tasty chunks of prawn & vegetables, served with a soy vinegar dipping sauce.
Contains: G(Hv), F, S, So, Se. Traces of: B

korean fried chicken
Fried chicken tossed in a tasty sweet & spicy Korean chili sauce.
Contains: G(Hv), P, So, F. Traces of: B, S

vegan vegetarian
 mild medium hot