

The logo consists of the letters 'JD!' in a white, bold, sans-serif font, set against a solid orange square background.

JD!

allergen information & dietary guide

A large, stylized illustration of a yellow food item, possibly a piece of bread or a bun, with white sesame seeds scattered on its surface. The illustration is set against a dark blue background with faint, dark blue silhouettes of various food items like fish, vegetables, and bread.

Boss Baby Bento Boxes

last updated: 7th October 2021

Nutritional Information Recipe List (values per typical serving)

Recipe Name	Energy (kcal)	Energy (KJ)	Fat (g)	saturates (g)	mono (g)	poly (g)	Carb (g)	Starch (g)	Sugars (g)	Protein (g)	Fibre (g)	Sodium (mg)
Chicken Karaage Bites Boss Baby	424.6	1778.8	19.1	3.2	1.4	1.3	41.5	11.3	6.8	23.2	1.3	1098.8
Creamy Avocado Maki BB	201.5	847.1	6.5	1.3	3.1	0.6	32.5	0.0	4.4	0.9	1.4	387.0
Crunchy Cucumber Maki BB	147.1	622.9	0.4	0.1	0.0	0.0	32.4	0.0	4.6	0.7	0.5	375.2
Maki Sushi Box Boss Baby	383.5	1610.8	12.3	1.7	1.5	0.3	54.4	0.0	7.2	11.4	1.9	659.4
Mixed Maki BB	197.0	833.0	5.1	1.0	2.4	0.8	32.3	0.0	4.4	3.1	0.9	390.9
Plain Fries BB	97.2	407.0	4.5	0.4	1.0	0.5	12.6	0.0	0.4	1.2	0.0	186.8
Salmon Katsu Bites Boss Baby	562.5	2354.5	26.2	2.5	7.6	4.0	60.5	0.0	6.4	15.6	0.6	499.1
Sticky Rice Balls BB	130.7	554.1	0.3	0.1	0.0	0.0	29.6	0.0	4.0	0.3	0.2	346.9
Sustainable Salmon Maki BB	192.5	818.9	3.7	0.7	1.7	1.0	32.0	0.0	4.3	5.3	0.4	394.7
Vegetable Yakisoba BB	109.5	460.7	3.2	0.3	1.4	1.2	17.1	11.3	5.3	2.9	0.9	482.2