

FIND ME ON THE BELT OR ORDER

HOT DISHES FRESHLY COOKED TO ORDER

# £3 MENU BLUE MONDAY

**MAKI ROLLS**  
Choose from  
**Salmon Maki** 189 kcal  
**Mixed Maki** 196 kcal  
3 salmon & 3 avocado.



**NEW YASAI ROLL** 165 kcal  
Inari, avocado, cucumber, cos lettuce and carrot roll, topped with teriyaki & vegan mayo.



**NEW CHICKEN AVOCADO ROLL** 198 kcal  
Chicken, cos lettuce and avocado, rolled in crispy onions. Topped with garlic mayo & parmesan.



**NEW CRUNCHY CALIFORNIA ROLL** 277 kcal  
Surimi and avocado roll, topped with mayo, teriyaki & crunchy onion.



**SPICY CHICKEN KATSU ROLL** 155 kcal  
Delicious chicken katsu and lettuce, rolled in shichimi powder & topped with tonkatsu sauce.



**DYNAMITE ROLL** 200 kcal  
Salmon, chilli oil and avocado, rolled in crispy onions. Topped with sriracha sauce & mayo.



**YO! ROLL** 157 kcal  
Our signature roll! Fresh salmon, avocado & mayo, rolled in orange masago.



**DRAGON ROLL** 202 kcal  
California roll topped with fresh salmon, shichimi powder & spring onion.



**NEW INARI TACO** 170 kcal  
Golden tofu pockets filled with rice, avocado, ponzu salsa & vegan sriracha mayo.



**SALMON NIGIRI** 99 kcal  
Fresh, hand cut salmon on sushi rice. Try it with wasabi & soy sauce!



**SEARED BEEF NIGIRI** 108 kcal  
Seared beef on sushi rice, topped with mayo & 7-chilli shichimi powder for a kick.



**NEW PANKO PRAWN NIGIRI** 121 kcal  
Rice topped with delicious butterflied prawns in a crispy crumb, served with tonkatsu sauce.



**BEEF TATAKI** 96 kcal  
Pepper-seared beef served rare with a tangy coriander pesto.



**SALMON PONZU SALSA** 104 kcal  
Thinly sliced salmon, topped with salsa & a zingy ponzu dressing.



**SALMON SASHIMI** 113 kcal  
Our freshest cuts of thick-sliced salmon, with wakame seaweed & lemon.



**KAISO SEAWEED SALAD** 175 kcal  
Marinated mixed seaweed, edamame & carrot in a delicious su-miso dressing.



**HARUSAME AUBERGINE SALAD** 108 kcal  
Fried slices of aubergine in a garlic, ginger, sesame & soy dressing.



**NEW TENDERSTEM & SESAME** 135 kcal  
Steamed tenderstem broccoli, served on a rich sesame sauce.



**YASAI TEMAKI** 145 kcal  
Cucumber, inari & avocado with vegan mayo, wrapped in a nori rice cone.



**CALIFORNIA TEMAKI** 233 kcal  
Surimi, avocado, mayo & toasted sesame seeds in a nori rice cone.



**SALMON & AVOCADO TEMAKI** 164 kcal  
Fresh salmon, avocado, mayo & toasted sesame seeds in a nori rice cone.



**NEW CHOCOLATE POT** 246 kcal  
A delicious chocolate pot with a hint of miso & vanilla.



**FRESH FRUIT PLATE** 61 kcal  
A refreshing mix of grapes, watermelon, pineapple & strawberries.



**DORAYAKI PANCAKE** 138 kcal  
Japanese pancakes with a light custard centre served with a tangy raspberry coulis.



**NEW PRAWN GYOZA** 148 kcal  
Dumplings packed with tasty chunks of prawn & vegetables, served with a soy vinegar dipping sauce.



**VEGETABLE GYOZA** 132 kcal  
Spinach dumplings filled with cabbage, carrots, edamame & more veggies. Served with soy vinegar.



**CHICKEN GYOZA** 140 kcal  
Chicken & vegetable filled dumplings with soy vinegar dipping sauce.



**YO! FRIES** 412 kcal  
Japanese style fries coated in sriracha mayo & sprinkled with sesame, aonori & smoky bonito flakes.



**SPICY PEPPER CAULIFLOWER** 146 kcal  
Cauliflower marinated in a light spice & fried until crisp. Topped with red chilli & spring onions.



**VEGETABLE YAKISOBA NOODLES** 203 kcal  
Fresh yakisoba noodles stir-fried in a tangy sauce served with crunchy vegetables.



**TAKOYAKI DOUGHBALLS** 195 kcal  
Lightly battered doughballs with octopus, topped with mayo, bonito & lots more. Osaka's No.1 street food!



**SPICY PEPPER SQUID** 207 kcal  
Spicy marinated squid, fried until crisp and garnished with red chilli & spring onions.



**PUMPKIN KATSU** 152 kcal  
Naturally sweet, crispy bites of Japanese pumpkin, drizzled with tonkatsu sauce.



**PRAWN KATSU** 173 kcal  
Crispy tail-on prawns drizzled with tonkatsu sauce.



**CHICKEN KATSU** 225 kcal  
Juicy chicken in Japanese panko, drizzled with fruity tonkatsu sauce.



**PUMPKIN KATSU CURRY** 411 kcal  
Naturally sweet, crispy bites of Japanese pumpkin with mild curry sauce, pickles, spring onion & steamed rice.



**TOFU KATSU CURRY** 530 kcal  
Crispy tofu with mild curry sauce, pickles, spring onions & steamed rice.



**VEGETABLE FRIED RICE** 351 kcal  
Seasoned sushi rice stir-fried with fresh vegetables and shichimi chilli powder.



**SALMON FRIED RICE** 356 kcal  
Seasoned sushi rice stir-fried with salmon and shichimi chilli powder.



YO! 活

40 of our favourite dishes at £3 each. Grab from the belt or order from our team.

Full T&Cs at [yosushi.com/bluemonday](https://yosushi.com/bluemonday)

TRY IT. LOVE IT!

🌱 Vegan 🌿 Vegetarian 🍃 Mild 🍂 Medium 🔥 Hot

FOR FULL ALLERGEN AND NUTRITIONAL INFO PLEASE VISIT [YOSUSHI.COM/NUTRITION](https://yosushi.com/nutrition), OR ASK A YO! TEAM MEMBER.

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