

Recipe FIR Intolerance Report

Dish Name	Cereals containing Gluten :										Tree Nuts :																
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	Almonds	Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut	Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs	
Albacore Tuna & Truffle Sashimi	✓	✓						✓		✓													✓				
Albacore Tuna Nigiri	✓	✓						✓		✓													✓	✓			
Assorted Nigiri & Maki Selection	✓	✓					✓	✓	✓	✓													✓	✓			
Avocado Maki	✓	✓						✓		✓													✓	✓			
Beef Nigiri	✓	✓						✓		✓													✓	✓			
Beef Tataki																											
Beef Teriyaki	✓	✓						✓		✓														✓	✓		
Blossom Roll UK	✓	✓					✓	✓	✓	✓													✓	✓	✓		
California ISO	✓	✓						✓	✓	✓													✓	✓	✓		
California Temaki	✓	✓						✓	✓	✓													✓	✓	✓		
Chicken Chahan	✓	✓								✓														✓	✓		
Chicken Gyoza	✓	✓								✓														✓	✓		
Chicken Kara Age	✓	✓						✓		✓													✓				
Chicken Katsu	✓	✓						✓		✓																	
Chicken Katsu Curry	✓	✓						✓		✓																	
Chicken Teriyaki	✓	✓								✓														✓	✓		
Chicken Wings	✓	✓						✓		✓		✓												✓			
Chicken Yakisoba	✓	✓								✓														✓			
Chocolate Mochi												✓															
Cod Nanban	✓	✓							✓	✓														✓	✓		
Crispy Salmon Skin ISO									✓	✓														✓	✓		
Crispy Salmon Skin Temaki									✓	✓														✓	✓		
Cucumber Maki	✓	✓								✓														✓	✓		
Curry Beef Ramen Soup	✓	✓						✓	✓	✓														✓	✓		

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Curry Dumpling Ramen Soup	✓	✓						✓	✓		✓												✓			
Curry Pork Ramen Soup	✓	✓						✓	✓		✓												✓			
Custard Dorayaki	✓	✓						✓			✓	✓												✓		
Duck Gyoza	✓	✓									✓	✓												✓		
Dynamite Roll	✓	✓						✓	✓		✓	✓										✓	✓			
Ebi Nigiri	✓	✓					✓				✓	✓										✓				
Ebi Roll	✓	✓					✓	✓			✓	✓										✓				
Edamame											✓	✓														
Espresso Mochi Ice Cream	✓										✓	✓														
Fresh Fruit																										
Furikake Fries	✓	✓						✓	✓			✓										✓	✓			✓
Ginza Roll	✓	✓						✓	✓		✓	✓										✓	✓	✓		✓
Ginza Strawberry Cake	✓	✓						✓			✓	✓											✓			
Harusame Aubergine Salad	✓	✓									✓	✓											✓			
Hoisin Duck Bao	✓	✓									✓	✓											✓			
Hoisin Duck Roll	✓	✓									✓	✓											✓			
Inari Nigiri Pocket	✓	✓									✓	✓														
Japanese Souffle Cake								✓				✓												✓		
Kaiso Gunkan Nigiri	✓	✓									✓	✓										✓	✓			
Kaiso Salad	✓	✓									✓	✓	✓	✓								✓	✓			
Katsu Selection	✓	✓					✓	✓			✓	✓														
Kimchi Ika Squid								✓				✓											✓			✓
Malted Chocolate Pot	✓	✓									✓	✓														
Mango Mochi Ice Cream											✓	✓											✓			

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Dish Name	<u>Cereals containing Gluten :</u>							Crustaceans	Eggs	Fish	Peanuts	Soybeans	Milk	<u>Tree Nuts :</u>												Celery	Mustard	Sesame	Sulphur dioxide/sulphites	Lupin	Molluscs			
	Wheat	Spelt (Wheat)	Kamut (Wheat)	Rye	Barley	Oats	Almonds							Hazelnut	Walnut	Cashew nut	Pecan nut	Brazil nut	Pistachio nut	Macadamia nut or Queensland nut														
Miso Beef Ramen Soup	✓	✓						✓				✓																✓						
Miso Dumpling Ramen	✓	✓						✓				✓																	✓					
Miso Pork Ramen Soup	✓	✓						✓				✓																	✓					
Miso Soup	✓	✓						✓				✓																						
Okonomiyaki	✓	✓						✓	✓			✓																✓						
Plain Rice Chahan																																		
Plain Yakisoba	✓	✓																																
Popcorn Shrimp Tempura	✓	✓						✓	✓			✓																	✓					
Pork Belly Bao	✓	✓	✓									✓	✓	✓																				
Pork Teriyaki	✓	✓	✓						✓			✓																	✓	✓	✓			
Prawn Katsu	✓	✓	✓					✓				✓																						
Prawn Katsu Curry	✓	✓	✓					✓	✓			✓																						
Pumpkin Katsu	✓	✓	✓									✓	✓																					
Pumpkin Katsu Curry	✓	✓	✓									✓	✓																					
Roll Selection	✓	✓	✓					✓	✓	✓		✓	✓	✓														✓					✓	
Salmon & Avocado Temaki	✓	✓	✓						✓	✓		✓	✓	✓														✓	✓	✓				
Salmon & Yuzu Salsa Sashimi	✓	✓	✓							✓		✓	✓	✓																				
Salmon Chahan	✓	✓	✓							✓		✓	✓	✓																				
Salmon Dragon Roll	✓	✓	✓						✓	✓		✓	✓	✓															✓	✓				
Salmon Maki	✓	✓	✓							✓		✓	✓	✓																				
Salmon Nigiri	✓	✓	✓							✓		✓	✓	✓															✓	✓				
Salmon Sashimi									✓	✓		✓	✓	✓																				
Salmon Selection	✓	✓								✓		✓																✓						
Salmon Teriyaki	✓	✓								✓		✓																	✓	✓				

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Smoked Salmon Cream Cheese Roll 4 pcs	✓	✓						✓		✓	✓																
Soft Shell Crab Roll	✓	✓					✓	✓	✓		✓											✓					
Soft Shell Crab Tempura	✓	✓					✓	✓														✓					
Spicy Chicken Roll	✓	✓						✓			✓												✓	✓			
Spicy Chicken Salad	✓	✓						✓			✓													✓	✓		
Spicy Pepper Cauliflower	✓	✓									✓												✓	✓			
Spicy Pepper Squid	✓	✓									✓												✓	✓			✓
Spicy Seafood Udon	✓	✓					✓	✓																			✓
Spicy Tuna Roll 4pcs	✓	✓						✓	✓		✓											✓	✓				
Spinach & Edamame Gyoza	✓	✓									✓												✓	✓			
Strawberry Cheesecake Mochi	✓	✓				✓					✓	✓															
Sumo Beef Teriyaki	✓	✓						✓			✓	✓											✓	✓			
Sumo Chicken Katsu Curry	✓	✓						✓			✓	✓											✓	✓			
Sumo Chicken Teriyaki	✓	✓						✓			✓	✓											✓	✓			
Sumo Furikake Fries	✓	✓						✓	✓		✓	✓										✓	✓	✓			
Sumo Pork Teriyaki	✓	✓						✓	✓		✓	✓										✓	✓	✓			
Sumo Prawn Katsu Curry	✓	✓					✓	✓			✓	✓															
Sumo Pumpkin Curry	✓	✓									✓	✓															
Sumo Salmon Teriyaki	✓	✓						✓	✓		✓	✓											✓	✓			
Sumo Spicy Seafood Bowl	✓	✓					✓	✓	✓		✓	✓															✓
Takoyaki	✓	✓						✓	✓		✓	✓										✓					✓
Tamago Nigiri	✓	✓						✓			✓	✓															
Tofu Katsu Curry	✓	✓									✓	✓											✓				
Tuna Maki	✓	✓						✓			✓	✓										✓					

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Tuna Nigiri	✓	✓						✓		✓												✓					
Tuna Sashimi	✓	✓						✓		✓																	
Vegetable Chahan	✓	✓								✓													✓				
Vegetable Tempura	✓	✓								✓													✓				
Vegetable Yakisoba	✓	✓								✓													✓				
Yasai Roll	✓	✓					✓			✓												✓	✓	✓			
Yasai Temaki	✓	✓					✓			✓												✓	✓				
YO! Roll	✓	✓					✓	✓		✓												✓					