

choose from the belt

Pick any coloured plate from the belt, tuck in and enjoy.

Can't see what you want on the belt? Order with our YO! team.

At the end of your meal, our team will add up your coloured plates and you pay at the end.

-  £3.50
-  £5.75
-  £3.95
-  £6.95
-  £4.50
-  £8.25
-  £5.25

If you're stuck, our friendly team are on hand to help - just give them a wave!



dessert

-  **strawberry cheesecake**
little moons mochi ❤️
Bites of creamy strawberry cheesecake, in a sweet rice casing, with a raspberry drizzle
V 194kcal
-  **chocolate little moons mochi**
Chocolate truffle ganache in a light mochi rice casing, drizzled with chocolate sauce. A must try!
V 233kcal
-  **dorayaki pancakes**
Japanese pancakes with a light custard centre, served with a tangy raspberry coulis V 130kcal

adults need around 2000 kcal a day

order through our QR code

To order all other tasty dishes, place your order now and pay at the end of your meal.

-  Scan the QR code on your table to view our digital menu.
-  Browse and order via our website
-  All dishes and drinks you order will be delivered by our team.
-  If you're new to YO!, we'd suggest 4-5 small dishes, or one larger bowl and two smaller dishes per person.
-  Pay for all dishes and drinks at the end with a team member

unlimited miso soup £3.50
Authentic Japanese soup with wakame, spring onion & tofu; the perfect starter or accompaniment to your meal V 53kcal per cup

ice cream to order

- cherry dough.chi™** £4.95
Ice-cream bites wrapped in cherry cookie dough
V 209kcal
- chocolate dough.chi™** £4.95
Chocolate cookie dough covered ice-cream bites
V 215kcal



quench YO! thirst

beer

brewgooder shibuya rice lager 330ml bottle **£3.95**
4.4% abv. Inspired by Shibuya, Tokyo's youth capital famous for its buzzing nightlife. By drinking this beer, you are also helping to conserve our oceans by contributing to global seagrass conservation projects led by Project Seagrass

500ml bottle **£5.95**

asahi 5.2% abv V 330ml bottle **£5.75**
Super refreshing, super dry (Japan) 500ml bottle **£6.50**

wine

white 125ml available on request
175ml 250ml bottle

Il molo pinot grigio £4.85 £6.75 £19.95
Italy 12% abv

longue roche sauvignon blanc £5.55 £7.75 £22.95
France 11.5% abv

rosé 125ml available on request
175ml 250ml bottle

Il molo pinot grigio blush £4.85 £6.75 £19.95
Italy 12% abv

red 125ml available on request
175ml 250ml bottle

project malbec Argentina £5.35 £7.45 £21.95
13% abv

mixed drinks

- ELLC grapefruit G&T** 5% abv V £6.75
Award-winning London Dry Gin mixed with East London Liquor Co's own grapefruit-infused tonic
- ELLC vodka rhubarb** 5% abv V £6.95
British Wheat Vodka cut with natural rhubarb soda
- ELLC grapefruit G&T** 0.5% abv V £6.25
East London Liquor Co's Grapefruit 0.5% ABV G&T, made with natural fruit extracts and juices

sake

hakushika ginjou sake 180ml **£6.50**
13.3% abv V



Follow us on Facebook, Instagram & TikTok @yosushi

kids' drinks

- cawston press apple & pear** V 200ml **£2.25**
- cawston press apple & mango** V 200ml **£2.25**

soft drinks

belu water V 500ml **£2.50**
Belu profits are sent to WaterAid. Their bottles are 100% recyclable, and made from 100% recycled materials

still 500ml **£2.50**

sparkling 500ml **£2.50**

coca-cola classic V 330ml **£3.35**

coke zero / diet coke V 330ml **£3.25**

sprite V 330ml **£3.25**

fanta orange V 330ml **£3.25**

chu-lo apple V 330ml **£3.95**
A tangy soft drink inspired by Japan's popular drink Chuhai, with a fizzy, sour apple taste

firefly peach & green tea V ❤️ 330ml **£4.50**
A perfect pick-me-up with succulent peaches and grapes, positively enlivened with green tea and kola nut

firefly kiwi & lime green tea V 330ml **£4.50**

happy inside lemon, yuzu & ginger V 250ml **£3.95**
A lip-smacking still drink made from completely natural ingredients, including Japanese knotweed. 1% of all sales donated to Mind Charity

lemonaid V 330ml **£4.50**
A fiery ginger and lemon drink with a dash of raw cane sugar. Every bottle sold funds the Lemonaid & ChariTea Foundation

unlimited green tea V £3.25



C/LTN/Kcal/04/23



Sushi & fresh Japanese food

menu

select from the belt

maki

- cucumber maki**
Crunchy cucumber with toasted sesame seeds in a nori roll **Ve** 150kcal
- avocado maki** **♥**
Avocado & mayo, wrapped in a nori roll **Ve** 204kcal
- salmon maki**
Fresh salmon, wrapped in a nori roll 195kcal
- mixed maki**
The best of both worlds, 3 salmon maki and 3 avocado maki 199kcal

temaki handrolls

- yasai** **♥**
Cucumber, inari & avocado with mayo & toasted sesame seeds in a nori rice cone **Ve** 145kcal
- california**
Surimi, avocado, mayo & toasted sesame seeds in a nori rice cone 223kcal
- salmon & avocado**
Fresh salmon, avocado, mayo & toasted sesame seeds in a nori rice cone 178kcal

nigiri

- inari taco** **♥**
Golden tofu pockets filled with rice, avocado, ponzu salsa, & sriracha mayo **Ve** 170kcal
- salmon**
Fresh, hand-cut salmon on sushi rice. Try it with wasabi & soy sauce! 103kcal

salads

- classic edamame**
Dished up cold, sprinkled with sea salt and spring onions **Ve** 135kcal
Order me hot.
- kaiso seaweed salad** **♥**
Marinated mixed seaweed, edamame & carrot in a su-miso dressing, topped with sesame seeds **Ve** 142kcal

sushi rolls

- yasai roll**
Inari, kaiso, avocado, cucumber, lettuce & carrot roll, topped with teriyaki, mayo and spring onion **Ve** 170kcal
Order 6 pieces for **£8.95** 294kcal
- spicy chicken katsu roll**
Delicious chicken katsu & lettuce, rolled in shichimi powder & topped with tonkatsu sauce **Ve** 147kcal
Order 6 pieces for **£8.95** 294kcal
- crunchy california roll** **♥**
Surimi & avocado roll, topped with mayo, teriyaki & crunchy onion 285kcal
Order 6 pieces for **£8.95** 571kcal
- hoisin duck roll**
Hoisin duck & cucumber roll, wrapped in sushi rice. All rolled up in crispy onions & sprinkled with spring onion
Real duck: 148kcal/295kcal
Mock 'duck' option **Ve** 158kcal/316kcal
Order 6 pieces for **£8.95**
- crunchy prawn roll**
Crunchy prawn katsu, avocado & mayo rolled in purple shiso 175kcal
Order 8 pieces for **£9.50** 350kcal
- YO! roll**
Our signature salmon, avocado & mayo, rolled in orange masago 191kcal
Order 8 pieces for **£9.50** 382kcal
- salmon dragon roll**
California roll topped with salmon, shichimi powder & spring onion **Ve** 201kcal
Order 8 pieces for **£9.95** 446kcal
- dynamite roll** **♥**
Creamy avocado, kaiso & crunchy carrot in a nori rice roll. Topped with spicy salmon **Ve** 234kcal
Order 8 pieces for **£9.95** 467kcal
- spicy tuna roll**
Kaiso, lettuce, carrot & chives in a nori rice roll. Topped with spicy sriracha tuna **Ve** 158kcal
Order 8 pieces for **£9.95** 317kcal
- veggie volcano roll**
Kaiso, cucumber, carrot & chive roll, topped with chilli sauce, smashed avocado and crispy onions **Ve** 228kcal
Order 8 pieces for **£9.95** 457kcal

sashimi

- salmon ponzu salsa** **♥**
Thinly sliced salmon, topped with salsa & a zingy ponzu dressing 115kcal
- salmon sashimi**
Our freshest cuts of thick-slice salmon, with a crisp pak choi salad 125kcal
- tuna tataki**
6 slices of seared yellowfin tuna dressed in citrus ponzu 91kcal
- tuna & avocado tartare**
Premium yellowfin tuna with diced avocado & a ponzu sauce, topped with crispy onions 141kcal
- tuna sashimi**
Thick cut slices of yellowfin tuna, with a crisp pak choi salad 70kcal
- salmon selection**
1 YO! roll, 2 salmon sashimi, 2 salmon maki and 2 salmon nigiri 283kcal



Ve vegan **V** vegetarian **spicy** **♥** YO! loves

Allergies? Please speak to a team member who can help you. For a full allergen guide & nutritional information, please visit lagardere-tr.uk/en/yo-restaurant. We handle several allergens in our kitchen & cannot guarantee our dishes are allergen free.

order from the QR code on your table

gyoza

Plump dumplings packed with your choice of chicken, prawn or veggie, dished up with a soy vinegar dipping sauce

- veggie gyoza** **Ve**
132kcal/193kcal 3 pieces/5 pieces **£5.25/£6.95**
- chicken gyoza** **♥**
140kcal/206kcal 3 pieces/5 pieces **£5.50/£7.25**
- prawn gyoza**
148kcal/220kcal 3 pieces/5 pieces **£5.75/£7.50**

- mega teriyaki gyoza**
Your choice of gyoza topped with teriyaki, mayo, crispy & spring onions 3 pieces **£5.95**
- veggie** **Ve** 189kcal **chicken** 228kcal **prawn** 237kcal
- mega korean gyoza**
Your choice of gyoza topped with Korean ketchup, shichimi, mayo, crispy & spring onions 3 pieces **£5.95**
- veggie** **Ve** 193kcal **chicken** 232kcal **prawn** 241kcal



katsu (no rice)

Your choice of succulent chicken, chick'n, prawn or pumpkin, in Japanese panko breadcrumbs; drizzled with fruity tonkatsu sauce & dished up with a fresh pak choi & ponzu salad

- pumpkin** **Ve** 153kcal **£5.50**
- chicken** 217kcal **£5.95**
- meatless farm chick'n** **Ve** 292kcal **£5.95**
- prawn** 175kcal **♥** **£7.25**

teriyaki

Served in a tempting, sticky soy glaze, topped with sesame & a fresh chilli kick

- beef** **£331kcal** **♥** **£7.50**
- chicken** **£197kcal** **£5.95**

firecracker rice

Seasoned sushi rice stir-fried with fresh vegetables & shichimi chilli powder

- veggie** **Ve** **£391kcal** **£4.95**
- chicken** **♥** **£417kcal** **£5.95**
- salmon** **£460kcal** **£6.50**

yakisoba noodles

Fresh yakisoba noodles stir-fried in a tangy sauce served with crunchy vegetables

- veggie** **Ve** **♥** 279kcal **£5.25**
- chicken** 319kcal **£6.25**



street food

- YO! fries** **♥**
Japanese style fries drizzled in sriracha mayo, sprinkled with furikake **Ve** 320kcal **£4.50**
- mighty duck fries**
Crispy fries loaded with duck, Korean ketchup, mayo & furikake **£326kcal**
Mock 'duck' option **Ve** 317kcal **£5.75**
- korean fried chicken** **♥**
Fried chicken, tossed in a tasty sweet & spicy Korean chilli sauce **£415kcal** **£7.25**
- japanese fried chicken**
Fried chicken breast, marinated in soy & sake; served with mayo 384kcal **£6.75**

sides

- curry sauce** **Ve** 88kcal **£1.50**
- steamed rice** **Ve** 303kcal **£2.50**



poké

Choose your protein and base below:

- protein:**
dynamite salmon **£360kcal** **£11.95**
spicy tuna **£360kcal** **£11.95**
sriracha chicken **£301kcal** **£11.95**
hoisin 'duck' **£332kcal** **£11.95**
- base:**
sushi rice **Ve** 337kcal
spinach **Ve** 13kcal
half & half **Ve** 175kcal

Topped with avocado, YO! slaw, sweetcorn, edamame and kaiso. Sprinkled with pomegranate seeds, red chilli and sesame, drizzled with your favourite sauce:

- citrus ponzu** **Ve** 71kcal
- korean ketchup** **Ve** 88kcal
- sriracha** **Ve** 40kcal
- kfc sweet chilli** **Ve** 109kcal
- sriracha mayo** **Ve** 168kcal
- zingy lemon & chilli** **£71kcal**

Add toppings to have your bowl, your way:

- dynamite salmon** **£115kcal** **£2.95**
- spicy tuna** **£64kcal** **£2.95**
- sriracha chicken** **£56kcal** **£2.50**
- hoisin 'duck'** **Ve** 87kcal **£2.20**
- avocado** **Ve** 57kcal **£1.95**

katsu curry bowl

A Japanese classic. Mild curry sauce, dished up with steamed rice, pickled ginger & spring onion

- pumpkin** **Ve** 430kcal/603kcal regular **£7.50** / large **£11.25**
- chicken** 517kcal/846kcal **♥** regular **£8.25** / large **£11.95**
- meatless farm chick'n** **Ve** 583kcal/977kcal regular **£8.25** / large **£11.95**
- prawn** 465kcal/704kcal regular **£8.50** / large **£12.25**

korean fried chicken

Fried chicken, tossed in a tasty sweet & spicy Korean chilli sauce, dished up with steamed rice, pak choi & radish

- korean chicken** **£623kcal/1126kcal** regular **£8.50** / large **£12.25**

teriyaki bowl

Served in a tempting, sticky soy glaze, topped with sesame & a fresh chilli kick. Dished up with steamed rice, pak choi & radish

- beef** **£983kcal** large **£12.95**
- chicken** **£715kcal** large **£11.25**

ramen

- spicy seafood** **♥** **£13.50**
Prawn, salmon and calamari with pak choi, bamboo shoots, beansprouts in a kimchee ramen sauce, served with a soy-marinated egg, crispy fried noodles, spring onion, fresh red chilli and nori **£409kcal**

- teriyaki chicken** **£12.95**
Teriyaki chicken with pak choi, crunchy radish, bamboo shoots & beansprouts in a dashi broth, served with a soy-marinated egg and topped with crispy fried noodles, spring onion, fresh red chilli and nori 509kcal

- veggie dumpling ramen** **£10.95**
Veggie gyoza with carrots and wakame in a miso broth, topped with spring onions and chilli oil **Ve** 344kcal

- soy egg** **Ve** 43kcal (add me to the veggie dumpling ramen for free!)