

Every great YO! begins with our signature snacks and ice cold drinks

edamame

classic edamame **Glow Up!** **£3.70**
Dished up warm or cold, sprinkled with sea salt and spring onions **Ve** 135kcal

korean pepper & ponzu edamame **New!** **£3.50**
Warm edamame tossed in ponzu and sprinkled with Korean red pepper **Ve** 139kcal

truffle edamame **New!** **£3.50**
Warm edamame drizzled in truffle oil **Ve** 179kcal



gyoza

Plump dumplings packed with your choice of chicken, prawn or veggie, dished up with a soy vinegar dipping sauce

veggie gyoza **Ve** 3 pieces **£5.20**
132kcal/193kcal 5 pieces **£6.85**

chicken gyoza **£5.35**
140kcal/206kcal 5 pieces **£7.10**

prawn gyoza 3 pieces **£5.50**
148kcal/220kcal 5 pieces **£7.30**

mega teriyaki gyoza **New!** 3 pieces **£5.80**

Your choice of gyoza topped with teriyaki, mayo, crispy & spring onions

veggie **Ve** 189kcal **chicken** 228kcal **prawn** 237kcal

mega korean gyoza **New!** 3 pieces **£5.80**

Your choice of gyoza topped with Korean ketchup, shichimi, mayo, crispy & spring onions

veggie **Ve** 193kcal **chicken** 232kcal **prawn** 241kcal



unlimited miso soup **£3.15**

Authentic Japanese soup with wakame, spring onion & tofu; the perfect starter or accompaniment to your meal **Ve** 53kcal per cup



desserts

cherry dough.chi **New!** **£4.75**
Ice-cream bites wrapped in cherry cookie dough **V** 209kcal

chocolate dough.chi **New!** **£4.75**
Chocolate cookie dough covered ice-cream bites **Ve** 215kcal

strawberry cheesecake little **£4.40**

moons mochi **Glow Up!**
Bites of creamy strawberry cheesecake, in a sweet rice casing, with a raspberry drizzle **V** 194kcal



chocolate little moons mochi **Glow Up!** **£4.40**

Chocolate truffle ganache in a light mochi rice casing, drizzled with chocolate sauce. A must try! **V** 233kcal

dorayaki pancakes **£4.70**

Japanese pancakes with a light custard centre, served with a tangy raspberry coulis **V** 130kcal

quench YO! thirst

soft drinks

belu water **Ve**
Belu profits are sent to WaterAid. Their bottles are 100% recyclable, and made from 100% recycled materials

still 500ml **£2.15**

sparkling 500ml **£2.15**

coca-cola classic **Ve** 330ml **£3.25**

coke zero / diet coke **Ve** 330ml **£3.10**

irn-bru **Ve** (Scottish sites only) 330ml **£3.25**

sprite **Ve** 330ml **£3.10**

fanta orange **Ve** 330ml **£3.10**

chu-lo apple **Ve** 330ml **£3.90**

A tangy soft drink inspired by Japan's popular drink Chuhai, with a fizzy, sour apple taste

firefly peach & green tea **Ve** **£3.30**

A perfect pick-me-up with succulent peaches and grapes, positively enlivened with green tea and kola nut

firefly kiwi & lime green tea **Ve** 330ml **£4.30**

happy inside lemon, yuzu & ginger **Ve** 250ml **£3.90**

A lip-smacking still drink made from completely natural ingredients, including Japanese knotweed. 1% of all sales donated to Mind Charity

lemonaid **Ve** 330ml **£4.30**

A fiery ginger and lemon drink with a dash of raw cane sugar. Every bottle sold funds the Lemonaid & ChariTea Foundation

kids' drinks

cawston press apple & pear **Ve** **£2.15**

cawston press apple & mango **Ve** **£2.15**

unlimited green tea **Ve** **£3.00**



Get YO! reward points!

For every 50 points you collect at our restaurants (dine in or click & collect), you'll get £5 off on your next order.

beer

asahi 5.2% abv **Ve** 330ml **£5.70**
Super refreshing, super dry (Japan) 500ml **£6.60**

metroland two tribes IPA 330ml **£6.15**

4% abv **Ve** Toyko IPA, with bustling flavours of florals, grapefruit and pineapple

wine

prosecco 11% abv **V** 200ml **£7.70**

red wine 12% abv **V** 187ml **£6.15**

rosé 12% abv **V** 187ml **£6.15**

white wine 12% abv **V** 187ml **£6.15**

mixed drinks

ELLC grapefruit G&T 5% abv **Ve** **£6.60**

Award-winning London Dry Gin mixed with East London Liquor Co's own grapefruit-infused tonic.

ELLC vodka rhubarb 5% abv **Ve** **£6.60**

British Wheat Vodka cut with natural rhubarb soda

ELLC grapefruit G&T 0.5% abv **Ve** **£6.15**

East London Liquor Co's Grapefruit 0.5% ABV G&T, made with natural fruit extracts and juices

sake

hakushika ginjo sake 180ml **£6.15**
13.3% abv **Ve**



Follow us on Facebook, Instagram & TikTok @yosushi
Snap YO! meal and tag us for your chance to win a treat!

how to YO!

Scan the QR code on your table

Browse, order, pay. Chopsticks and seasonings will be sent your way

Now it's YO! time. Our LED light will let you know when your food and drink is on the belt

Red = hands off!

Amber = your food is on its way!

Green = grab it and enjoy!

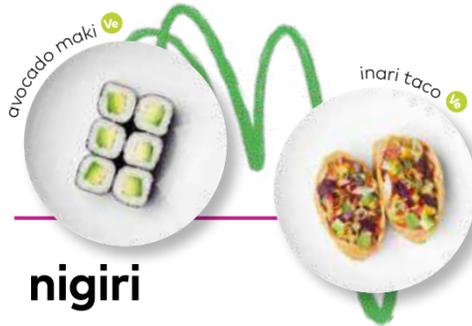
If you're new to YO!, we'd suggest 4-5 small dishes, or one larger bowl and two smaller dishes per person

When you're finished, pop your plate to the side of your table so our team can take it away

If you're stuck, our friendly team are on hand to help – just give them a wave!

sushi rolls & bowls

- maki**
- avocado maki**  Avocado & vegan mayo, wrapped in a nori roll  204kcal 6 pieces **£4.70**
- cucumber maki** Crunchy cucumber with toasted sesame seeds in a nori roll  150kcal 6 pieces **£3.15**
- salmon maki** Fresh salmon, wrapped in a nori roll 195kcal 6 pieces **£3.95**
- mixed maki** The best of both worlds, 3 salmon maki and 3 avocado maki 199kcal 6 pieces **£3.85**



- nigiri**
- inari taco**  Golden tofu pockets filled with rice, avocado, ponzu salsa, & vegan sriracha mayo  170kcal 2 pieces **£3.60**
- red pepper I'm Back!** Roasted sweet red pepper on sushi rice wrapped with nori seaweed  99kcal 2 pieces **£3.10**
- kaiso gunkan I'm Back!** Marinated seaweed with su-miso sauce, wrapped in nori  130kcal 2 pieces **£3.10**
- salmon** Fresh, hand cut salmon on sushi rice. Try it with wasabi & soy sauce! 103kcal 2 pieces **£4.15**
- tuna** Slices of yellowfin tuna on sushi rice. Try it with wasabi & soy sauce! 85kcal 2 pieces **£4.15**

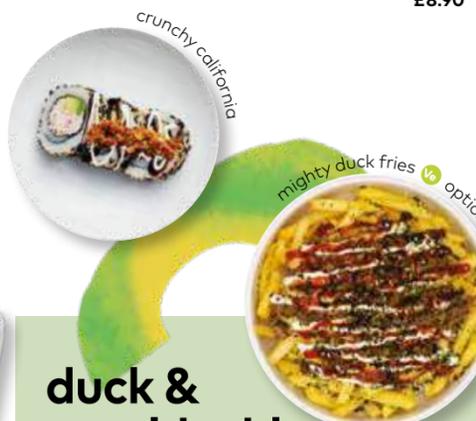
sushi & sharers

- sushi rolls**
- yasai** Inari, kaiso, avocado, cucumber, lettuce & carrot roll, topped with teriyaki, vegan mayo and spring onion  170kcal/339kcal 3 pieces **£4.70**
6 pieces **£8.35**
- spicy chicken katsu roll** Delicious chicken katsu & lettuce, rolled in shichimi powder & topped with tonkatsu sauce  147kcal/294kcal 3 pieces **£4.75**
6 pieces **£8.35**
- crunchy california** Surimi & avocado roll, topped with mayo, teriyaki & crunchy onion 285kcal/571kcal 3 pieces **£4.75**
6 pieces **£8.35**
- YO! roll Glow Up!** Our signature salmon, avocado & mayo, rolled in orange masago 191kcal/382kcal 4 pieces **£5.00**
8 pieces **£9.00**
- salmon dragon roll Glow Up!** California roll topped with salmon, shichimi powder & spring onion  201kcal/446kcal 4 pieces **£5.40**
8 pieces **£9.75**

sushi sharers serves two

- salmon selection Glow Up!**  Indulge in a salmon platter made up of: 4 salmon maki, 4 salmon nigiri, 2 YO! roll pieces & 4 slices of thick cut salmon sashimi 578kcal **£18.40**
- salmon & tuna selection Glow Up!** 2 YO! roll pieces, 2 salmon maki, 2 tuna maki, 2 salmon nigiri, 2 tuna nigiri, 2 thick cut slices of salmon & tuna sashimi 505kcal **£18.40**
- YO! mix**  4 crunchy prawn roll pieces, 3 crunchy Cali roll pieces, 3 spicy chicken katsu roll pieces, 2 kaiso gunkan, 2 avocado maki & 2 cucumber maki  866kcal **£16.75**
- plant platter** 2 yasai roll pieces, 2 veggie volcano roll pieces, 2 inari taco, 2 kaiso gunkan, 2 avocado maki & 2 cucumber maki  652kcal **£14.45**

- aburi salmon dragon roll New!** California roll topped with seared salmon, mayo, chive & shichimi powder 237kcal/475kcal 4 pieces **£5.30**
8 pieces **£9.55**
- green dragon roll New!** Veggie dragon roll wrapped in cucumber with sweet chilli red pepper  122kcal/245kcal 4 pieces **£5.05**
8 pieces **£9.05**
- crunchy prawn roll** Crunchy prawn katsu, avocado & mayo rolled in purple shiso 158kcal/315kcal 4 pieces **£4.95**
8 pieces **£8.90**



duck & 'duck'

- Your choice of real duck or Squeaky Bean**  plant-based mock duck
- hoisin duck roll** Hoisin duck & cucumber roll, wrapped in sushi rice. All rolled up in crispy onions & sprinkled with spring onion Real duck: 180kcal/360kcal mock 'duck'  177kcal/372kcal 4 pieces **£5.05**
8 pieces **£9.05**
- korean duck volcano roll New!** Crunchy veggie roll topped with hot shredded duck with Korean ketchup  155kcal/311kcal mock 'duck'  166kcal/331kcal 4 pieces **£5.30**
8 pieces **£9.55**
- mighty duck fries New!**  Crispy fries loaded with duck, Korean ketchup, mayo & furikake Real duck: 333kcal mock 'duck'  324kcal **£5.20**

- dynamite roll Glow Up!**  Creamy avocado, kaiso & crunchy carrot in a nori rice roll, topped with spicy salmon  234kcal/467kcal 4 pieces **£5.30**
8 pieces **£9.55**
- spicy tuna roll Glow Up!** Kaiso, lettuce, carrot & chives in a nori rice roll. Topped with spicy sriracha tuna  158kcal/317kcal 4 pieces **£5.30**
8 pieces **£9.55**
- veggie volcano** Kaiso, cucumber, carrot & chive roll, topped with chilli sauce, smashed avocado and crispy onions  228kcal/457kcal 4 pieces **£5.00**
8 pieces **£9.00**



temaki handrolls

- salmon & avocado** Fresh salmon, avocado, mayo & toasted sesame seeds in a nori rice cone 178kcal **£5.20**
- california** Surimi, avocado, mayo & toasted sesame seeds in a nori rice cone 223kcal **£5.10**
- yasai**  Cucumber, inari & avocado with vegan mayo & toasted sesame seeds in a nori rice cone  145kcal **£4.50**



- takoyaki** Osaka's #1 street food! Lightly battered octopus doughballs, drizzled with tonkatsu & mayo, topped off with aonori & ginger 273kcal **£6.40**
- money bags New!** 4 plant based, flavour-packed, fried wontons with a citrus ponzu dipping sauce  366kcal **£6.85**

sides

- curry sauce**  88kcal **£1.15**
- steamed rice**  303kcal **£2.25**

adults need around 2000 kcal a day

- poké** Choose your protein and base below:
- | | |
|---|---------------------|
| protein: | base: |
| dynamite salmon  £11.50 | sushi rice 337kcal |
| spicy tuna  £11.50 | spinach 13kcal |
| sriracha chicken  £11.50 | half & half 175kcal |
| hoisin 'duck'  £11.50 | |
- Topped with avocado, YO! slaw, sweetcorn, edamame and kaiso. Sprinkled with pomegranate seeds, red chilli and sesame, drizzled with your favourite sauce:
- | | |
|---|--|
| citrus ponzu  71kcal | kfc sweet chilli  109kcal |
| korean ketchup  88kcal | sriracha mayo  168kcal |
| sriracha  40kcal | zingy lemon & chilli 71kcal |
- Add toppings to have your bowl, your way:
- | | |
|--|---|
| dynamite salmon  £2.95 | tenderstem broccoli  £2.50 |
| spicy tuna  £2.95 | avocado  £1.85 |
| sriracha chicken  £2.50 | shichimi sesame seeds  £1.50 |
| hoisin 'duck'  £2.50 | |

sashimi & salad

- salmon ponzu salsa**  Thinly sliced salmon, topped with salsa & a zingy ponzu dressing 115kcal 5 slices **£6.85**
- tuna tatakai New!** 6 slices of seared yellowfin tuna dressed in citrus ponzu 91kcal 6 slices **£8.35**
- tuna & avocado tartare** Premium yellowfin tuna with diced avocado & a ponzu sauce, topped with crispy onions 145kcal **£7.90**
- salmon sashimi Glow Up!** Our freshest cuts of thick-slice salmon, with a crisp pak choi salad 125kcal 4 pieces **£6.85**
- tuna sashimi Glow Up!** Thick cut slices of yellowfin tuna, with a crisp pak choi salad 70kcal 4 pieces **£7.60**
- kaiso seaweed salad**  Marinated mixed seaweed, edamame & carrot in a su-miso dressing, topped with sesame seeds  142kcal **£3.85**

firecracker rice

- Seasoned sushi rice stir-fried with fresh vegetables & shichimi chilli powder
- veggie**  391kcal **£4.75**
- chicken**  417kcal **£5.80**
- salmon** 460kcal **£6.25**

yakisoba noodles

- Fresh yakisoba noodles stir-fried in a tangy sauce served with crunchy vegetables
- veggie**  279kcal **£5.00**
- chicken** 319kcal **£6.00**



small plates

- katsu (no rice) Glow Up!** Your choice of succulent chicken, chick'n, prawn or pumpkin, in Japanese panko breadcrumbs; drizzled with fruity tonkatsu sauce & dished up with a fresh pak choi & ponzu salad
- pumpkin**  153kcal **£5.20**
- chicken** 217kcal **£5.85**
- meatless farm chick'n**  292kcal **£5.85**
- prawn** 175kcal  **£6.60**



teriyaki (no rice)

- Served in a tempting, sticky soy glaze, topped with sesame & a fresh chilli kick. Dished up with crunchy slaw
- beef**  331kcal **Glow Up!**  **£6.85**
- chicken**  197kcal **I'm Back!** **£5.80**
- shiitake & oyster mushroom**  76kcal **New!** **£6.25**



street food

- YO! fries Glow Up!**  Japanese style fries drizzled in sriracha mayo, sprinkled with furikake  348kcal **£4.15**
- spicy pepper squid Glow Up!** Crispy squid, dusted in a spicy seasoning, dished up with a chilli & ginger dipping sauce  193kcal **£7.50**
- popcorn shrimp** Tempura shrimp drizzled with a sweet shiro miso & chilli sauce 355kcal **£7.90**
- korean fried chicken Glow Up!**  Fried chicken, tossed in a tasty sweet & spicy Korean chilli sauce  415kcal **£6.60**
- japanese fried chicken Glow Up!** Fried chicken breast, marinated in soy & sake; served with mayo 384kcal **£6.50**

 **vegan**  **vegetarian**  **spicy**  **YO! loves**



bigger bowls

katsu curry bowl

- A Japanese classic. Mild curry sauce, picked ginger, spring onion & steamed rice
- pumpkin**  430kcal/603kcal regular **£7.30** / large **£10.95**
- chicken** 517kcal/846kcal  regular **£7.75** / large **£11.55**
- meatless farm chick'n**  583kcal/977kcal regular **£7.75** / large **£11.35**
- prawn** 465kcal/704kcal regular **£7.90** / large **£11.70**

korean donburi

- Fried chicken, tossed in a tasty sweet & spicy Korean chilli sauce, dished up with steamed rice
- korean chicken New!** regular **£7.90** / large **£11.70**  623kcal/1119kcal

teriyaki bowl

- Served in a tempting, sticky soy glaze, topped with sesame & a fresh chilli kick. Dished up with steamed rice
- beef** regular **£8.35** / large **£12.55**  559kcal/983kcal
- chicken I'm Back!** regular **£7.30** / large **£11.00**  425kcal/716kcal
- shiitake & oyster New!** regular **£7.75** / large **£11.50**
- mushroom**  304kcal/473kcal

ramen

- spicy seafood**  **Glow Up!** **£12.95**
- Prawn, salmon and calamari with pak choi, bamboo shoots, beansprouts in a kimchee ramen sauce, served with a soy-marinated egg, crispy fried noodles, spring onion, fresh red chilli and nori  407kcal
- teriyaki chicken** **Glow Up!** **£12.50**
- Teriyaki chicken with pak choi, crunchy radish, bamboo shoots & beansprouts in a dashi broth, served with a soy-marinated egg and topped with crispy fried noodles, spring onion, fresh red chilli and nori  508kcal
- shiitake mushroom** **Glow Up!** **£12.75**
- Vegetable gyoza & shiitake mushroom with pak choi, bamboo shoots, beansprouts in a miso ramen, crispy fried noodles, spring onion, fresh red chilli and nori  383kcal
- soy egg**  43kcal (add me to the shiitake mushroom ramen for free!)

Allergies? Please speak to a team member who can help you. For a full allergen guide & nutritional information, please visit yosushi.com/nutrition. We handle several allergens in our kitchen & cannot guarantee our dishes are allergen free. A discretionary 7.5% tip for our team is added to your bill, you can opt-out of this at check-out