

GO SUMO

FEED YOUR INNER SUMO FOR £9

ENJOY YOUR FAVOURITE DISHES SUPER-SIZED!

TERIYAKI SUMO £9

Chicken Teriyaki

Teriyaki-glazed chicken thighs, cucumber, spring onion and steamed rice.

Pork Teriyaki

Meltingly tender slices of roast pork belly in a sweet and salty teriyaki glaze with a soft boiled egg and steamed rice.

Beef Teriyaki

Crispy slices of beef in a tempting sticky garlic & soy glaze with a fresh chilli kick, spring onion and steamed rice.

Salmon Teriyaki

Teriyaki-glazed salmon slices with vegetables and steamed rice.

KATSU CURRY SUMO £9

Tofu Katsu Curry

Voted 'Best Vegan Curry' by PETA. Crispy tofu with mild curry sauce, spring onions and steamed rice. (V)+

Chicken Katsu Curry

Tender chicken thigh in a crispy crumb with mild curry sauce, pickles and steamed rice.

Prawn Katsu Curry

Succulent prawns in a panko crumb with mild curry sauce, pickles and steamed rice.

Pumpkin Katsu Curry

Naturally sweet, crispy bites of kabocha pumpkin, with mild curry sauce, spring onion and steamed rice. (V)+

DONBURI SUMO £9

Spicy Seafood Donburi

Prawns, salmon, squid and vegetables in a hot and spicy kimchi broth served with steamed rice.

SUMO SIDES £6

Furikake Fries Sumo

Japanese style fries coated in sriracha mayo and sprinkled with yuzu furikake, sesame, aonori and smoky bonito flakes.

HOW TO YO!

- 1 Choose plates from the belt or order straight from our menu (just ask a server)
- 2 The colours of the plates tell you how much each one costs
- 3 When you're done, we'll count up your plates to work out the bill

If you're new to YO! then we'd recommend choosing around 5 dishes each.

 £2.10

 £2.80

 £3.70

 £4.20

 £4.60

 £5.20

 £6.00

BEER ビール

Asahi

Super crisp. Super dry (Japan) 5% ABV
330ml **£3.95** 500ml **£5.50**

Sapporo

Big can. Premium beer (Japan) 5% ABV
650ml **£6.50**

Hitachino Nest White Ale

A craft white ale with plenty of flavour. Aromas of coriander, orange and nutmeg (Japan) 5.5% ABV 330ml **£4.95**

SAKE お酒

Gekkeikan Sake

Available in selected restaurants
Mild and semi-sweet (warm) 14.6% ABV
200ml **£5.50**

Hakushika Ginjou Sake

Gentle and fruity sake (Japan) 13.5% ABV
180ml **£4.50** 300ml **£7.00**

WINE ワイン

SPARKLING

Vaporetto Prosecco

Fresh and lively, goes with everything (Italy)
125ml **£4.60** Bottle **£23.50**

Tosti Prosecco

Delicate and aromatic (Italy)
Single serve 200ml bottle **£7.00**

WHITE

Acacia Tree Chenin Blanc

Fresh citrus and peach flavours with a refreshing finish (South Africa)
175ml **£4.50** 250ml **£5.90** Bottle **£15.50**

Operetto Garganega Pinot Grigio

Dry and crisp with floral aromas (Italy)
175ml **£5.20** 250ml **£6.70** Bottle **£18.50**

Tokomaru Bay Sauvignon Blanc

Tropical and fresh with a clean citrus finish (New Zealand)
175ml **£6.00** 250ml **£7.80** Bottle **£21.50**

ROSÉ

Wandering Bear Rosé

Juicy and bright, full of fruit flavours (South Africa)
175ml **£4.70** 250ml **£6.20** Bottle **£16.50**

RED

El Colectivo Malbec

Smooth and warming with notes of chocolate (Argentina)
175ml **£5.20** 250ml **£6.70** Bottle **£18.50**

All wine is available in 125ml glass.

Wine bottles are 750ml unless otherwise stated.

SOFT DRINKS ソフト

Pressed Matcha Green Juice 250ml **£3.40**

Pressed Watermelon Juice 250ml **£3.40**

Pressed Apple Juice 250ml **£2.90**

Pressed Orange Juice 250ml **£2.90**

Ramune Soda

Japan's oldest and most popular soft drink, also know as "marble soda" 200ml **£2.90**

Coconut Water 250ml **£2.95**

Yuzu & Pear Juice 250ml **£3.10**

Sparkling Yuzu & Cucumber 250ml **£3.10**

Kyoko Chilled Green Tea 400ml **£2.95**

Ueshima's Double Espresso Chilled Coffee 250ml **£2.95**

Aloe Vera Drink 500ml **£2.80**

Coke / Diet Coke 330ml **£2.60**

Sprite 330ml **£2.60**

WATER

H2YO! Still Water 500ml **£1.80**

H2YO! Fizzy Water 500ml **£1.80**

Triple Filtered Water Still/Fizzy Unlimited **£1.30**

TEA

Hojicha & Ginger Tea

Japanese Hojicha tea infused with ginger 200ml **£1.90**

Japanese Green Tea

Sencha whole green tea leaves Unlimited **£1.90**

DESSERTS 和菓子

DELICIOUS JAPANESE SWEETS



Fruit (V)
The perfect palate cleanser – our fresh and healthy fruit plate. 51 kcal (V)+



Custard Dorayaki (V)
Classic Japanese pancake sandwich with a light custard filling. 138 kcal (V)



Malted Chocolate Pot (V)
A smooth Belgian milk chocolate ganache with a hint of malt from Pots & Co. 207 kcal (V)



Strawberry Cheesecake Mochi (V)
Sweet rice balls with a strawberry cheesecake centre. 188 kcal (V)



Chocolate Mochi (V)
Sweet rice balls with a rich chocolate ganache centre. 207 kcal (V)



New Mango Ice Cream Mochi (V)
Indulgent real mango ice-cream encased in a soft, sweet Japanese rice layer. 131 kcal (V)



New Espresso Ice Cream Mochi (V)
A smooth and creamy coffee taste encased in a sweet rice ball. Made with activated charcoal. 227 kcal (V)



Japanese Soufflé Cheesecake (V)
Soft, moist & light-baked soufflé cheesecake. 165 kcal (V)



Ginza Strawberry Cake (V)
Strawberries and fresh cream in a light and fluffy sponge cake. 155 kcal (V)



(V) Vegetarian (V)+ Vegan

Visit [yosushi.com/nutrition](https://www.yosushi.com/nutrition) for full allergen and nutritional info, or ask a YO! Team member. Please note that our recipes can change occasionally so it's always best to check with your server.



Our chilled, purified, Triple Filtered Water saves 1.7 million bottles a year from hitting the bins

YO! 活

www.yosushi.com

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FIND ME ON THE BELT OR ORDER

ROLLS | ロール

LARGE AND SMALL NORI ROLLS WITH RICE



YO! Roll Our signature roll! Fresh Scottish salmon, avocado and Japanese mayonnaise roll with orange masago. 140 kcal



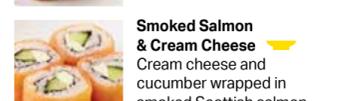
Crispy Salmon Skin Crispy fried Scottish salmon skin with shichimi powder and spring onion. 114 kcal



California Surimi, avocado and Japanese mayonnaise with toasted black and white sesame seeds. 142 kcal



Spicy Chicken Crispy chicken katsu with shichimi powder and tonkatsu sauce. 130 kcal



Smoked Salmon & Cream Cheese Cream cheese and cucumber wrapped in smoked Scottish salmon. 220 kcal



Yasai Veggie heaven; tamago, inari, avocado, cucumber and carrot with teriyaki and mayo. 170 kcal



Spicy Tuna Chopped yellowfin tuna, spicy sriracha and rayu chilli oil with shichimi powder. 132 kcal



Ebi Prawn katsu and avocado with mayo and dried purple shiso yukari. 127 kcal



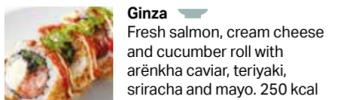
Soft Shell Crab Roll Tempura soft shell crab and pickled ginger roll with yuzu tobiko and sweet chilli mayo. 179 kcal



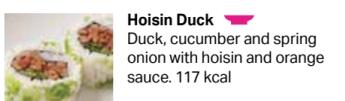
Blossom Prawn katsu and avocado with purple shiso yukari and spicy tuna topping. 199 kcal



Dynamite Scottish salmon, avocado and rayu chilli oil topped with sriracha, mayo and spring onion. 168 kcal



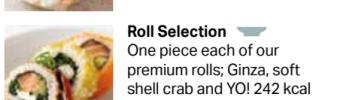
Ginza Fresh salmon, cream cheese and cucumber roll with arénkha caviar, teriyaki, sriracha and mayo. 250 kcal



Hoisin Duck Duck, cucumber and spring onion with hoisin and orange sauce. 117 kcal



Dragon California roll topped with fresh Scottish salmon, shichimi powder and spring onion. 178 kcal



Roll Selection One piece each of our premium rolls; Ginza, soft shell crab and YO! 242 kcal



Small nori roll with filling:
Avocado Maki (6 pieces) 131 kcal



Cucumber Maki (6 pieces) 93 kcal



Salmon Maki (4 pieces) 122 kcal



Tuna Maki (4 pieces) 115 kcal

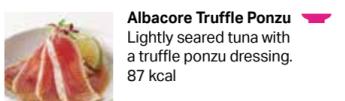
Our seafood is responsibly sourced and our Scottish salmon swims in 98% water to just 2% fish.

SASHIMI | 刺身

PREMIUM SLICES OF FISH OR MEAT



Salmon Our freshest cuts of thick-sliced Scottish salmon, with mooli and lemon. 140 kcal



Albacore Truffle Ponzu Lightly seared tuna with a truffle ponzu dressing. 87 kcal



Beef Tataki Pepper-seared rare beef and tangy coriander pesto. 159 kcal

NIGIRI | 寿司

RICE BLOCKS WITH TOPPING



Tamago Sweet and light egg omelette and nori. 262 kcal



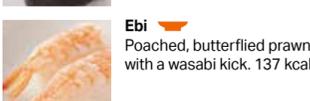
Inari Sweet parcels of soft bean curd filled with sticky rice. 102 kcal



Salmon Fresh-cut Scottish salmon and a touch of wasabi. 97 kcal



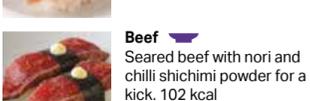
Kaiso Marinated seaweed with su-miso sauce, wrapped in nori. 106 kcal



Ebi Poached, butterflied prawn with a wasabi kick. 137 kcal



Albacore Tuna Quick-seared albacore tuna topped with truffle ponzu and spring onions. 91 kcal



Beef Seared beef with nori and chilli shichimi powder for a kick. 102 kcal



Assorted Nigiri & Maki Scottish salmon, tuna and ebi nigiri, avocado and cucumber maki. 220 kcal

TEMAKI | 手巻き

HAND ROLLS WRAPPED IN NORI RICE



SALMON & AVOCADO TEMAKI

Crispy Salmon Skin Salmon skin, spring onion and salad. 99 kcal

Yasai Cucumber, inari and tamago with mayo. 184 kcal

California Surimi, avocado, mayo and toasted sesame seeds. 179 kcal

Salmon & Avocado Fresh Scottish salmon, avocado, mayo and toasted sesame seeds. 131 kcal

Make your own Temaki Choose one ingredient from each section:
Filling: hoisin duck, spicy tuna, prawn katsu, soft shell crab tempura, chicken katsu, fresh Scottish salmon.
Vegetable: avocado, cucumber, salad, pickled ginger, spring onion, inari.
Sauce: mayo, sriracha, katsu, sweet chilli mayo, su-miso, hoisin.

FRESH SALADS | サラダ

JAPANESE SIDES & SNACKS



Edamame Pods sprinkled with salt flakes and spring onion. Suck out the beans straight from the pod! 121 kcal



Kaiso Seaweed Marinated mixed seaweed, edamame and carrot in a su-miso dressing. 120 kcal



Kimchi Squid Poached squid with quick-pickled spicy kimchi vegetables. 71 kcal



Harusame Aubergine Fried slices of aubergine in a garlic & ginger sesame soy dressing. 82 kcal



Spicy Chicken Salad Kimchi grilled chicken thigh and crunchy salad in a sesame soy dressing. 204 kcal

HOT DISHES TO ORDER

CHAHAN | チャハン

JAPANESE FRIED RICE



SALMON CHAHAN

Seasoned sushi rice stir-fried with fresh vegetables and shichimi chilli powder.

Plain rice 307 kcal

Vegetable 339 kcal

Chicken 411 kcal

Salmon 411 kcal

YAKISOBA | 焼きそば

STIR-FRIED NOODLES



CHICKEN YAKISOBA

Noodles in a tangy sauce served with crunchy fresh vegetables and beni shoga.

Plain 158 kcal

Vegetable 189 kcal

Chicken 261 kcal

GYOZA | 餃子

DUMPLINGS WITH DIPPING SAUCE



VEGETABLE GYOZA

Vegetable 111 kcal

Chicken 119 kcal

Duck 132 kcal

Dumpling 379 kcal

Dumpling 346 kcal

TEMPURA | 天ぷら

CRISP & LIGHT BATTER



VEGETABLE TEMPURA

NEW Vegetable Tempura Assorted vegetables and Nori in a crispy tempura batter with a sesame vinegar sauce. 153 kcal

Popcorn Shrimp Tempura prawns drizzled with a sweet shiro miso & chilli sauce. 341 kcal

Soft Shell Crab Soft shell crab fried in a light, crisp batter served with sweet chilli mayo. 219 kcal

RAMEN & MISO | スープ

SOUP, NOODLES & BROTHS



SPICY SEAFOOD UDON

Miso Soup Unlimited £2.20 A light and healthy shiro miso broth with wakame, spring onion and tofu. 60 kcal

Spicy Seafood Udon Prawns, Scottish salmon, squid and vegetables in a hot and spicy kimchi broth served with thick udon noodles. 316 kcal

Curry Ramen Fragrant curry broth topped with chilli sesame paste. Available with rice.

Beef 378 kcal

Pork 368 kcal

Miso Ramen Crunchy vegetables in a miso broth with chilli sesame paste. Available with rice.

Beef 345 kcal

Pork 335 kcal

TERIYAKI | 照り焼き

GLAZED IN A SWEET SOY



CHICKEN TERIYAKI

Chicken Teriyaki Chicken thighs served hot from the grill in a salty sweet teriyaki glaze. 300 kcal

Pork Teriyaki Meltingly tender slices of pork belly with egg. 223 kcal

Beef Teriyaki Crispy slices of beef in a tempting sticky garlic & soy glaze with a fresh chilli kick. 227 kcal

NEW Salmon Teriyaki Fresh pieces of tender salmon served hot from the grill. 222 kcal

KATSU | カツ

COATED IN PANKO BREADCRUMBS



PRAWN KATSU

Chicken Katsu Juicy chicken thigh in Japanese panko, drizzled with fruity tonkatsu sauce. 164 kcal

Prawn Katsu Crispy tail-on prawns drizzled with tonkatsu sauce. 122 kcal

Pumpkin Katsu Naturally sweet, crispy bites of kabocha pumpkin, drizzled with tonkatsu sauce. 130 kcal

Katsu Selection A tempting combination of chicken, pumpkin and prawn katsu topped with tonkatsu sauce. 197 kcal

KATSU CURRY | カツカレー

KATSU WITH A MILD CURRY SAUCE



CHICKEN KATSU CURRY

Tofu Katsu Curry Voted 'Best Vegan Curry' by PETA. Crispy tofu with mild curry sauce, spring onions and steamed rice. 485 kcal

Chicken Katsu Curry Tender chicken thigh in a crispy crumb with mild curry sauce, pickles and steamed rice. 519 kcal

Prawn Katsu Curry Succulent prawns in a panko crumb with mild curry sauce, pickles and steamed rice. 379 kcal

Pumpkin Katsu Curry Naturally sweet, crispy bites of kabocha pumpkin, with mild curry sauce, spring onion and steamed rice. 403 kcal

Great taste comes from great ingredients. At YO! we have handpicked the finest, most authentic produce.

STREET FOOD | ストリートフード

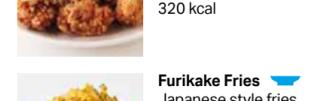
INSPIRED BY TRADITIONAL JAPANESE FLAVOURS



Cod Nanbanzuke Japan's answer to sweet and sour! Crispy fried cod bites in a sweet and sour sauce. 166 kcal



Chicken Karaage Crunchy fried chicken marinated in soy and sake served with mayo. 320 kcal



Furikake Fries Japanese style fries coated in sriracha mayo and sprinkled with yuzu furikake, sesame, aonori and smoky bonito flakes. 523 kcal



Okonomiyaki Authentic Japanese pancake filled with cabbage and topped with mayo, katsu sauce, spring onions and smoked bonito. 146 kcal



Crispy Chicken Wings Nagoya's favourite crispy fried chicken wings served with lime. 244 kcal



Takoyaki Osaka's No.1 street food! Lightly battered dough balls with octopus, topped with mayo, bonito and lots more. 171 kcal



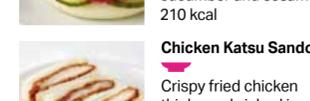
Spicy Pepper Squid Spicy marinated squid, fried until crisp and garnished with red chilli and spring onions. 145 kcal



Hoisin Duck Bao Hoisin duck with house pickled cucumber in a fluffy bun. 226 kcal



Pork Belly Bao Pork belly glazed in a sweet sticky sauce served in a bun with pickled red onion, cucumber and sesame. 210 kcal



Chicken Katsu Sando Crispy fried chicken thigh sandwiched in soft white bread, smothered with tonkatsu sauce and Japanese mustard. 591 kcal

We have over a 100 dishes of which 33 are vegetarian and 19 vegan