

how to YO!

Pick any coloured plate from the belt, tuck in and enjoy.

Our team will add up your coloured plates and charge you at the end of your meal.

-  £3.50
-  £5.75
-  £3.95
-  £6.95
-  £4.50
-  £8.25
-  £5.25

To order all other tasty dishes, scan the QR code on your table and pay as you go.

-  Scan the QR code on your table
-  Browse, order, pay
-  All dishes and drinks you order will be delivered by our team
-  If you're new to YO!, we'd suggest 4-5 small dishes, or one larger bowl and two smaller dishes per person

If you're stuck, our friendly team are on hand to help - just give them a wave!



unlimited miso soup £3.50
Authentic Japanese soup with wakame, spring onion & tofu; the perfect starter or accompaniment to your meal  53kcal per cup

dessert

-  **strawberry cheesecake**
-  **little moons mochi** 
Bites of creamy strawberry cheesecake, in a sweet rice casing, with a raspberry drizzle  194kcal
-  **chocolate little moons mochi**
Chocolate truffle ganache in a light mochi rice casing, drizzled with chocolate sauce. A must try!  233kcal
-  **dorayaki pancakes**
Japanese pancakes with a light custard centre, served with a tangy raspberry coulis  130kcal

ice cream to order

-  **cherry dough.chi™** £4.95
Ice-cream bites wrapped in cherry cookie dough  209kcal
-  **chocolate dough.chi™** £4.95
Chocolate cookie dough covered ice-cream bites  215kcal



adults need around 2000 kcal a day

quench YO! thirst

beer

asahi 5.2% abv 
Super refreshing, super dry (Japan) half £2.95
pint £5.95
330ml bottle £5.75
500ml bottle £6.50

metroland two tribes IPA 330ml £6.25
4% abv  Toyko IPA, with bustling flavours of florals, grapefruit and pineapple

wine

prosecco 11% abv  200ml £7.75

red wine 12% abv  187ml £6.25

rosé 12% abv  187ml £6.25

white wine 12% abv  187ml £6.25

mixed drinks

ELLC grapefruit G&T 5% abv  £6.75
Award-winning London Dry Gin mixed with East London Liquor Co's own grapefruit-infused tonic

ELLC vodka rhubarb 5% abv  £6.95
British Wheat Vodka cut with natural rhubarb soda

ELLC grapefruit G&T 0.5% abv  £6.25
East London Liquor Co's Grapefruit 0.5% ABV G&T, made with natural fruit extracts and juices

sake

hakushika ginjou sake 180ml £6.50
13.3% abv 



kids' drinks

cawston press apple & pear  200ml £2.25

cawston press apple & mango  200ml £2.25

soft drinks

belu water 
Belu profits are sent to WaterAid. Their bottles are 100% recyclable, and made from 100% recycled materials

still 500ml £2.50

sparkling 500ml £2.50

coca-cola classic  330ml £3.35

coke zero / diet coke  330ml £3.25

irn-bru  (Scotland only) 330ml £3.50

sprite  330ml £3.25

fanta orange  330ml £3.25

chu-lo apple  330ml £3.95
A tangy soft drink inspired by Japan's popular drink Chuhai, with a fizzy, sour apple taste

firefly peach & green tea   330ml £4.50
A perfect pick-me-up with succulent peaches and grapes, positively enlivened with green tea and kola nut

firefly kiwi & lime green tea  330ml £4.50

happy inside lemon, yuzu & ginger  250ml £3.95
A lip-smacking still drink made from completely natural ingredients, including Japanese knotweed. 1% of all sales donated to Mind Charity

lemonaid  330ml £4.50
A fiery ginger and lemon drink with a dash of raw cane sugar. Every bottle sold funds the Lemonaid & ChariTea Foundation

unlimited green tea  £3.25

 **Get YO! reward points!**
For every 50 points you collect at our restaurants (dine in or click & collect), you'll get £5 off on your next order.



Follow us on Facebook, Instagram & TikTok @yosushi
Snap YO! meal and tag us for your chance to win a treat!

B/C/D/Kcal/02/23



Sushi & fresh Japanese food

menu

select from the belt

pr*wn crackers New!

Introducing a new plant-based alternative to an iconic snack, served with a sweet chilli dipping sauce **Ve** 117kcal



maki



cucumber maki
Crunchy cucumber with toasted sesame seeds in a nori roll **Ve** 150kcal



avocado maki **♥**
Avocado & mayo, wrapped in a nori roll **Ve** 204kcal



salmon maki
Fresh salmon, wrapped in a nori roll 195kcal



mixed maki
The best of both worlds, 3 salmon maki and 3 avocado maki 199kcal

temaki handrolls



yasai **♥**
Cucumber, inari & avocado with mayo & toasted sesame seeds in a nori rice cone **Ve** 145kcal



california
Surimi, avocado, mayo & toasted sesame seeds in a nori rice cone 223kcal



salmon & avocado
Fresh salmon, avocado, mayo & toasted sesame seeds in a nori rice cone 178kcal

nigiri



red pepper
Roasted sweet red pepper on sushi rice wrapped with nori seaweed **Ve** 99kcal



inari taco **♥**
Golden tofu pockets filled with rice, avocado, ponzu salsa, & sriracha mayo **Ve** 170kcal



salmon
Fresh, hand-cut salmon on sushi rice. Try it with wasabi & soy sauce! 103kcal

salads



classic edamame
Dished up cold, sprinkled with sea salt and spring onions **Ve** 135kcal
Order me hot. Classic 135kcal or **korean pepper & ponzu edamame** 139kcal **£3.95**



kaiso seaweed salad **♥**
Marinated mixed seaweed, edamame & carrot in a su-miso dressing, topped with sesame seeds **Ve** 142kcal

sushi rolls



yasai roll
Inari, kaiso, avocado, cucumber, lettuce & carrot roll, topped with teriyaki, mayo and spring onion **Ve** 170kcal
Order 6 pieces for £8.95 339kcal



spicy chicken katsu roll
Delicious chicken katsu & lettuce, rolled in shichimi powder & topped with tonkatsu sauce 147kcal
Order 6 pieces for £8.95 294kcal



crunchy california roll **♥**
Surimi & avocado roll, topped with mayo, teriyaki & crunchy onion 285kcal
Order 6 pieces for £8.95 571kcal



hoisin duck roll
Hoisin duck & cucumber roll, wrapped in sushi rice. All rolled up in crispy onions & sprinkled with spring onion
Real duck: 148kcal/296kcal
Mock 'duck' option **Ve** 158kcal/316kcal
Order 6 pieces for £8.95



crunchy prawn roll
Crunchy prawn katsu, avocado & mayo rolled in purple shiso 158kcal
Order 8 pieces for £9.50 315kcal



YO! roll
Our signature salmon, avocado & mayo, rolled in orange masago 191kcal
Order 8 pieces for £9.50 382kcal



salmon dragon roll
California roll topped with salmon, shichimi powder & spring onion 201kcal
Order 8 pieces for £9.95 446kcal



dynamite roll **♥**
Creamy avocado, kaiso & crunchy carrot in a nori rice roll. Topped with spicy salmon 234kcal
Order 8 pieces for £9.95 467kcal



spicy tuna roll
Kaiso, lettuce, carrot & chives in a nori rice roll. Topped with spicy sriracha tuna 158kcal
Order 8 pieces for £9.95 317kcal



veggie volcano roll
Kaiso, cucumber, carrot & chive roll, topped with chilli sauce, smashed avocado and crispy onions **Ve** 228kcal
Order 8 pieces for £9.95 457kcal

sashimi



salmon ponzu salsa **♥**
Thinly sliced salmon, topped with salsa & a zingy ponzu dressing 115kcal



salmon sashimi
Our freshest cuts of thick-slice salmon, with a crisp pak choi salad 125kcal



tuna tataki
6 slices of seared yellowfin tuna dressed in citrus ponzu 91kcal



tuna & avocado tartare
Premium yellowfin tuna with diced avocado & a ponzu sauce, topped with crispy onions 145kcal



tuna sashimi
Thick cut slices of yellowfin tuna, with a crisp pak choi salad 70kcal



salmon selection
1 YO! roll, 2 salmon sashimi, 2 salmon maki and 2 salmon nigiri 283kcal



sushi sharers serves two

salmon selection **♥** **£18.95**
Indulge in a salmon platter made up of: 4 salmon maki, 4 salmon nigiri, 2 YO! roll pieces & 4 slices of thick cut salmon sashimi 578kcal

salmon & tuna selection **£18.95**
2 YO! rolls, 2 salmon maki, 2 tuna maki, 2 salmon nigiri, 2 tuna nigiri, 2 thick cut slices of salmon & tuna sashimi 505kcal

YO! mix **£17.50**
4 crunchy prawn roll pieces, 3 crunchy Cali roll pieces, 3 spicy chicken katsu roll pieces, 2 kaiso gunkan, 2 avocado maki & 2 cucumber maki 866kcal

plant platter **£14.95**
2 yasai roll pieces, 2 veggie volcano roll pieces, 2 inari taco, 2 kaiso gunkan, 2 avocado maki & 2 cucumber maki **Ve** 652kcal

Ve vegan **V** vegetarian **(spicy)** **♥** YO! loves

Allergies? Please speak to a team member who can help you. For a full allergen guide & nutritional information, please visit yosushi.com/nutrition. We handle several allergens in our kitchen & cannot guarantee our dishes are allergen free.

A discretionary 7.5% tip for our team is added to your bill, you can opt-out of this at check-out.

order from the QR code on your table

gyoza

Plump dumplings packed with your choice of chicken, prawn or veggie, dished up with a soy vinegar dipping sauce

veggie gyoza **Ve** 132kcal/193kcal **3 pieces/5 pieces £5.25/£6.95**

chicken gyoza **♥** 140kcal/206kcal **3 pieces/5 pieces £5.50/£7.25**

prawn gyoza 148kcal/220kcal **3 pieces/5 pieces £5.75/£7.50**

mega teriyaki gyoza 3 pieces **£5.95**
Your choice of gyoza topped with teriyaki, mayo, crispy & spring onions

veggie **Ve** 189kcal **chicken** 228kcal **prawn** 237kcal

mega korean gyoza 3 pieces **£5.95**
Your choice of gyoza topped with Korean ketchup, shichimi, mayo, crispy & spring onions **(**

veggie **Ve** 193kcal **chicken** 232kcal **prawn** 241kcal



mega korean gyoza **Ve** option available **(**



prawn katsu

katsu (no rice)

Your choice of succulent chicken, chick'n, prawn or pumpkin, in Japanese panko breadcrumbs; drizzled with fruity tonkatsu sauce & dished up with a fresh pak choi & ponzu salad

pumpkin **Ve** 153kcal **£5.50**

chicken 217kcal **£5.95**

meatless farm chick'n **Ve** 292kcal **£5.95**

prawn 175kcal **♥** **£7.25**

teriyaki

Served in a tempting, sticky soy glaze, topped with sesame & a fresh chilli kick.

beef 331kcal **♥** **£7.50**
add steamed rice 559kcal **£9.25**

chicken 197kcal **£5.95**
add steamed rice 425kcal **£7.75**

firecracker rice

Seasoned sushi rice stir-fried with fresh vegetables & shichimi chilli powder

veggie **Ve** 391kcal **£4.95**

chicken **♥** 417kcal **£5.95**

salmon 460kcal **£6.50**

yakisoba noodles

Fresh yakisoba noodles stir-fried in a tangy sauce served with crunchy vegetables

veggie **Ve** **♥** 279kcal **£5.25**

chicken 319kcal **£6.25**



dynamite salmon poké **(**

chicken katsu curry (large)

street food

YO! fries **♥** **£4.50**
Japanese style fries drizzled in sriracha mayo, sprinkled with furikake **Ve** 348kcal

mighty duck fries **£5.75**
Crispy fries loaded with duck, Korean ketchup, mayo & furikake 333kcal
Mock 'duck' option **Ve** 324kcal

spicy pepper squid **£7.95**
Crispy squid, dusted in a spicy seasoning, dished up with a chilli & ginger dipping sauce 193kcal

popcorn shrimp **£7.95**
Tempura shrimp drizzled with a sweet shiro miso & chilli sauce 355kcal

cheese YO!nut **New** **£7.95**
Mixed cheese filled donut with a panko breadcrumb, topped with fresh chive, crispy onions, sesame seeds, okonomiyaki sauce, and YO! mayo 407kcal

katsu chicken YO!nut **New** **£3.50**
Chicken katsu curry flavoured donut with a panko breadcrumb, topped with shaved coconut, spring onion, shredded ginger and a katsu curry sauce 440kcal

korean fried chicken **♥** **£7.25**
Fried chicken, tossed in a tasty sweet & spicy Korean chilli sauce 415kcal

add steamed rice 623kcal **£8.50**

japanese fried chicken **£6.75**
Fried chicken breast, marinated in soy & sake; served with mayo 385kcal

spicy seafood **♥** **Glow Up!** **£13.50**
Prawn, salmon and calamari with pak choi, bamboo shoots, beansprouts in a kimchee ramen sauce, served with a soy-marinated egg, crispy fried noodles, spring onion, fresh red chilli and nori 407kcal

teriyaki chicken **Glow Up!** **£12.95**
Teriyaki chicken with pak choi, crunchy radish, bamboo shoots & beansprouts in a dashi broth, served with a soy-marinated egg and topped with crispy fried noodles, spring onion, fresh red chilli and nori 508kcal

shiitake mushroom ramen **Glow Up!** **£12.95**
Vegetable gyoza & shiitake mushroom with pak choi, bamboo shoots, beansprouts in a miso ramen, crispy fried noodles, spring onion, fresh red chilli and nori **Ve** 383kcal

soy egg **Ve** 43kcal
(add me to the shiitake mushroom ramen for free!)



mighty duck fries **Ve** option available **(**

spicy pepper squid **(**

poké

Choose your protein and base below:

protein:
dynamite salmon 360kcal **£11.95**
spicy tuna 360kcal **£11.95**
sriracha chicken 301kcal **£11.95**
hoisin 'duck' 332kcal **£11.95**

base:
sushi rice **Ve** 337kcal
spinach **Ve** 13kcal
half & half **Ve** 175kcal

Topped with avocado, YO! slaw, sweetcorn, edamame and kaiso. Sprinkled with pomegranate seeds, red chilli and sesame, drizzled with your favourite sauce:

citrus ponzu **Ve** 71kcal **kfc sweet chilli** **Ve** 109kcal
korean ketchup **Ve** 88kcal **sriracha mayo** **Ve** 168kcal
sriracha **Ve** 40kcal **zingy lemon & chilli** 71kcal

Add toppings to have your bowl, your way:

dynamite salmon 115kcal **£2.95** **hoisin 'duck'** **Ve** 87kcal **£2.20**
spicy tuna 64kcal **£2.95** **avocado** **Ve** 57kcal **£1.95**
sriracha chicken 56kcal **£2.50**

katsu curry bowl **♥**

A Japanese classic. Mild curry sauce, dished up with steamed rice, pickled ginger & spring onion

pumpkin **Ve** 430kcal/603kcal **regular £7.50 / large £11.25**

chicken 517kcal/846kcal **♥** **regular £8.25 / large £11.95**

meatless farm chick'n **Ve** 583kcal/977kcal **regular £8.25 / large £11.95**

prawn 465kcal/704kcal **regular £8.50 / large £12.25**

korean donburi

Fried chicken, tossed in a tasty sweet & spicy Korean chilli sauce, dished up with steamed rice, pak choi & radish

korean chicken **Glow Up!** 1126kcal **large £12.25**

teriyaki bowl

Served in a tempting, sticky soy glaze, topped with sesame & a fresh chilli kick. Dished up with steamed rice, pak choi & radish

beef **Glow Up!** 983kcal **large £12.95**

chicken **Glow Up!** 715kcal **large £11.25**

ramen

spicy seafood **♥** **Glow Up!** **£13.50**

teriyaki chicken **Glow Up!** **£12.95**

shiitake mushroom ramen **Glow Up!** **£12.95**

soy egg **Ve** 43kcal
(add me to the shiitake mushroom ramen for free!)