



YO!
hoho

Last updated: 21st November 2022

Christmas JFC Festive Feast

| Dish Name | Cereals containing Gluten : | | | | | | | Fish | Crustaceans | Molluscs | Eggs | Soybeans | Milk | Tree Nuts : | | | | | | | | | | |
|-----------|-----------------------------|---------------|---------------|-----|--------|------|---------|------|-------------|----------|------|----------|------|-------------|--------|------------|-----------|------------|---------------|---------------------------------|---------|--------|---------|--------|
| | Wheat | Spelt (Wheat) | Kamut (Wheat) | Rye | Barley | Oats | Almonds | | | | | | | Hazelnut | Walnut | Cashew nut | Pecan nut | Brazil nut | Pistachio nut | Macadamia nut or Queensland nut | Peanuts | Celery | Mustard | Sesame |

JFC

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|------------------------------------|---|---|--|--|--|--|---|---|---|---|---|---|--|--|--|--|--|--|--|--|--|--|---|---|---|--|
| JFC Festive Feast '22 | ✓ | ✓ | | | | | M | M | M | ✓ | ✓ | M | | | | | | | | | | | ✓ | ✓ | | |
| JFC Festive Feast Non-cookline '22 | ✓ | ✓ | | | | | ✓ | M | M | ✓ | ✓ | ✓ | | | | | | | | | | | ✓ | ✓ | ✓ | |
| JFC Festive Feast Ve '22 | ✓ | ✓ | | | | | | | | | ✓ | | | | | | | | | | | | ✓ | ✓ | | |

Christmas Sushi Sharer

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|---------------------------|---|---|--|--|--|--|---|---|---|---|---|---|--|--|--|--|--|--|--|--|--|--|---|---|--|--|
| YO! Ho Ho Festive Platter | ✓ | ✓ | | | | | ✓ | ✓ | M | ✓ | ✓ | M | | | | | | | | | | | M | ✓ | | |
|---------------------------|---|---|--|--|--|--|---|---|---|---|---|---|--|--|--|--|--|--|--|--|--|--|---|---|--|--|

Pr*wn Crackers

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|----------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| Pr*wn Crackers | | | | | | | | | | | | | | | | | | | | | | | | | | |
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Specials

| | | | | | | | | | | | | | | | | | | | | | | | | | | |
|-----------------------------|---|---|--|--|---|--|--|--|--|---|---|---|---|--|--|--|--|--|--|--|--|--|---|--|--|--|
| Duo Of Mini Desserts | ✓ | ✓ | | | ✓ | | | | | ✓ | ✓ | ✓ | ✓ | | | | | | | | | | ✓ | | | |
| Selfridges Christmas Trifle | ✓ | ✓ | | | | | | | | ✓ | ✓ | ✓ | | | | | | | | | | | | | | |

Nutritional Information Recipe List (values per typical serving)

| Recipe Name | Energy (kcal) | Energy (KJ) | Fat (g) | saturates (g) | mono (g) | poly (g) | Carb (g) | Starch (g) | Sugars (g) | Protein (g) | Fibre (g) | Sodium (mg) |
|------------------------------------|------------------|----------------|------------|------------------|-------------|-------------|-------------|---------------|---------------|----------------|--------------|----------------|
| Duo Of Mini Desserts | 273.2 | 1138.4 | 17.6 | 10.0 | 0.0 | 0.0 | 23.9 | 0.0 | 17.0 | 3.2 | 2.3 | 84.1 |
| JFC Festive Feast '22 | 1105.3 | 4627.5 | 45.1 | 20.2 | 3.0 | 1.5 | 125.1 | 0.6 | 49.2 | 47.2 | 3.3 | 3124.5 |
| JFC Festive Feast Non-cookline '22 | 944.0 | 3939.1 | 44.7 | 9.0 | 3.0 | 1.5 | 101.8 | 0.1 | 25.9 | 32.9 | 1.5 | 2461.9 |
| JFC Festive Feast Ve '22 | 853.6 | 3561.5 | 40.5 | 8.2 | 3.0 | 1.5 | 96.4 | 0.1 | 25.7 | 20.2 | 6.9 | 1466.9 |
| Pr*wn Crackers | 117.2 | 494.3 | 3.2 | 0.2 | 0.0 | 0.0 | 21.7 | 0.0 | 9.9 | 0.2 | 0.1 | 149.4 |
| Selfridges Christmas Trifle | 1888.6 | 7852.4 | 135.3 | 86.1 | 4.1 | 0.4 | 148.2 | 0.0 | 117.6 | 20.7 | 4.3 | 559.7 |
| YO! Ho Ho Festive Platter | 1225.9 | 5169.5 | 40.0 | 5.7 | 10.1 | 4.2 | 173.5 | 0.7 | 27.9 | 29.8 | 4.8 | 2610.3 |