

GO SUMO

FEED YOUR INNER SUMO FOR £9.50

ENJOY YOUR FAVOURITE DISHES SUPER-SIZED!

TERIYAKI SUMO £9.50

Chicken Teriyaki
Teriyaki-glazed chicken thighs, cucumber, spring onion and steamed rice.

Pork Teriyaki
Meltingly tender slices of roast pork belly in a sweet and salty teriyaki glaze with a soft boiled egg and steamed rice.

Beef Teriyaki
Crispy slices of beef in a tempting sticky garlic & soy glaze with a fresh chilli kick, onion and steamed rice.

Salmon Teriyaki
Teriyaki-glazed salmon slices with vegetables and steamed rice.

KATSU CURRY SUMO £9.50

Tofu Katsu Curry
Voted 'Best Vegan Curry' by PETA. Crispy tofu with mild curry sauce, spring onions and steamed rice. ♻️+

Chicken Katsu Curry
Tender chicken thigh in a crispy crumb with mild curry sauce, pickles and steamed rice.

Prawn Katsu Curry
Succulent prawns in a panko crumb with mild curry sauce, pickles and steamed rice.

Pumpkin Katsu Curry
Naturally sweet, crispy bites of kabocha pumpkin, with mild curry sauce, spring onion and steamed rice. ♻️+

DONBURI SUMO £9.50

Spicy Seafood Donburi
Prawns, salmon, squid and vegetables in a hot and spicy kimchi broth served with steamed rice.

SUMO SIDES £6.00

Furikake Fries Sumo
Japanese style fries coated in sriracha mayo and sprinkled with yuzu furikake, sesame, aonori and smoky bonito flakes.

HOW TO YO!

- 1 Choose plates from the belt or order straight from our menu (just ask a server)
- 2 The colours of the plates tell you how much each one costs
- 3 When you're done, we'll count up your plates to work out the bill

If you're new to YO! then we'd recommend choosing around 5 dishes each

	£2.30		£4.30
	£2.90		£4.80
	£3.80		£5.40
			£6.30

SOFT DRINKS ソフト

Pressed Apple Juice	250ml £2.90
Pressed Orange Juice	250ml £2.90
Yuzu & Pear Juice	250ml £3.10
Aloe Vera Drink	500ml £2.80
Ramune Soda *	Japan's oldest and most popular soft drink, also known as "marble soda" 200ml £3.00
Sprite	330ml £2.65
Coca-Cola Classic *	330ml £2.75
Coca-Cola Zero Sugar	330ml £2.65
Diet Coke	330ml £2.65

NEW Dash Water Lemon / Cucumber
Sparkling water infused with wonky fruit or vegetables. No sugar, calories or sweetener 330ml **£2.80**

H2YO! Still Water 500ml **£2.00**

H2YO! Fizzy Water 500ml **£2.00**

YO! Triple Filtered Water Still/Fizzy
Where available Unlimited **£1.50**

BEER ビール

Asahi
Super crisp. Super dry (Japan) 5% ABV
330ml **£3.95** 500ml **£5.50**

Sapporo
Big can. Premium beer (Japan) 5% ABV
650ml **£6.50**

SAKE お酒

Gekkeikan Sake
Available in selected restaurants
Mild and semi-sweet (warm) 14.6% ABV
250ml **£5.50**

Hakushika Ginjou Sake
Gentle and fruity sake (Japan) 13.5% ABV
180ml **£4.50** 300ml **£7.00**

TEA お茶

Hojicha & Ginger Tea
Japanese Hojicha tea infused with ginger
200ml **£1.90**

Japanese Green Tea
Sencha whole green tea leaves
Unlimited **£1.90**

 **YO!'s chilled, purified, Triple Filtered Water saves 1.7 million bottles a year from hitting the bins.**



♻️ Vegetarian ♻️+ Vegan * Sugar tax applied, for more info visit yosushi.com/sugartax
For full allergen and nutritional info please visit yosushi.com/nutrition, or ask a YO! team member
Please note that our recipes can change occasionally so it's always best to check with your server

WINE ワイン

SPARKLING

Vaporetto Prosecco
Fresh and lively, goes with everything (Italy)
125ml **£4.60** Bottle **£23.50**

WHITE

NEW Spee'Wah Pinot Grigio
Dry and crisp with a touch of tropical fruits (Australia)
175ml **£5.20** 250ml **£6.70** Bottle **£18.50**

Tokomaru Bay Sauvignon Blanc
Tropical and fresh with a clean citrus finish (New Zealand)
175ml **£6.00** 250ml **£7.80** Bottle **£21.50**

ROSÉ

NEW Petit Papillon Grenache Rosé
A beautiful pale pink wine with a hint of wild fruits (France)
175ml **£5.20** 250ml **£6.70** Bottle **£18.50**

RED

El Colectivo Malbec
Smooth and warming with notes of chocolate (Argentina)
175ml **£5.20** 250ml **£6.70** Bottle **£18.50**

All wine is available in 125ml glass
Wine bottles are 750ml unless otherwise stated

DESSERTS 和菓子

DELICIOUS JAPANESE SWEETS

Fruit ♻️
The perfect palate cleanser – our fresh and healthy fruit plate. 46 kcal ♻️+

Custard Dorayaki ♻️
Classic Japanese pancake sandwich with a light custard filling. 138 kcal ♻️

Malted Chocolate Pot ♻️
A smooth Belgian milk chocolate ganache with a hint of malt from Pots & Co. 210 kcal ♻️

Strawberry Cheesecake Mochi ♻️
Sweet rice balls with a strawberry cheesecake centre. 185 kcal ♻️

Chocolate Mochi ♻️
Sweet rice balls with a rich chocolate ganache centre. 236 kcal ♻️

Mango Ice Cream Mochi ♻️
Indulgent real mango ice-cream encased in a soft, sweet Japanese rice layer. 131 kcal ♻️

Espresso Ice Cream Mochi ♻️
A smooth and creamy coffee taste encased in a sweet rice ball. Made with activated charcoal. 146 kcal ♻️

Japanese Soufflé Cheesecake ♻️
Soft, moist & light-baked soufflé cheesecake. 140 kcal ♻️

Ginza Strawberry Cake ♻️
Strawberries and fresh cream in a light and fluffy sponge cake. 217 kcal ♻️

YO! 活

JAPANESE STREET FOOD & SUSHI

MENU

YO! 活

www.yosushi.com

JUL19PC

FIND ME ON THE BELT OR ORDER

ROLLS | ロール

LARGE AND SMALL NORI ROLLS WITH RICE



YO! Roll 🍣
Our signature roll!
Fresh salmon, avocado and Japanese mayonnaise roll with orange masago. 144 kcal



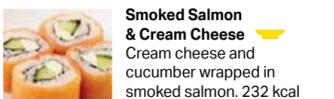
Crispy Salmon Skin 🍣
Crispy fried salmon skin with shichimi powder and spring onion. 117 kcal



California 🍣
Surimi, avocado and Japanese mayonnaise with toasted black and white sesame seeds. 154 kcal



Spicy Chicken 🍣
Crispy chicken katsu with shichimi powder and tonkatsu sauce. 135 kcal



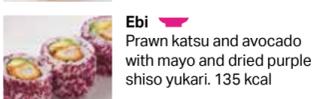
Smoked Salmon & Cream Cheese 🍣
Cream cheese and cucumber wrapped in smoked salmon. 232 kcal



Yasai 🍣
Veggie heaven; tamago, inari, avocado, cucumber and carrot with teriyaki and mayo. 186 kcal 🍃



Spicy Tuna 🍣
Chopped yellowfin tuna, spicy sriracha and rayu chilli oil with shichimi powder. 106 kcal



Ebi 🍣
Prawn katsu and avocado with mayo and dried purple shiso yukari. 135 kcal



Soft Shell Crab Roll 🍣
Tempura soft shell crab and pickled ginger roll with yuzu tobiko and sweet chilli mayo. 153 kcal



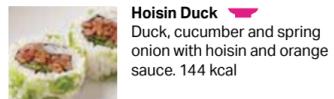
Blossom 🍣
Prawn katsu and avocado with purple shiso yukari and spicy tuna topping. 217 kcal



Dynamite 🍣
Salmon, avocado and rayu chilli oil topped with sriracha, mayo and spring onion. 197 kcal



Ginza 🍣
Fresh salmon, cream cheese and cucumber roll with arénkha caviar, teriyaki, sriracha and mayo. 228 kcal



Hoisin Duck 🍣
Duck, cucumber and spring onion with hoisin and orange sauce. 144 kcal



Dragon 🍣
California roll topped with fresh salmon, shichimi powder and spring onion. 192 kcal



Roll Selection 🍣
One piece each of our premium rolls; Ginza, soft shell crab and YO! 250 kcal



Small nori roll with filling:
Avocado Maki 🍣 (6 pieces) 212 kcal 🍃
Cucumber Maki 🍣 (6 pieces) 149 kcal 🍃+



Salmon Maki 🍣 (4 pieces) 142 kcal
Tuna Maki 🍣 (4 pieces) 119 kcal

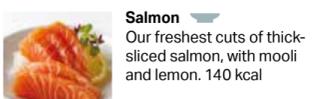


Soft Shell Crab Roll 🍣
Tempura soft shell crab and pickled ginger roll with yuzu tobiko and sweet chilli mayo. 153 kcal

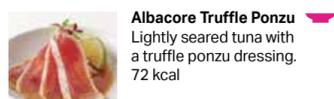
Our seafood is responsibly sourced and our salmon swims in 98% water to just 2% fish.

SASHIMI | 刺身

PREMIUM SLICES OF FISH OR MEAT



Salmon 🍣
Our freshest cuts of thick-sliced salmon, with mooli and lemon. 140 kcal



Albacore Truffle Ponzu 🍣
Lightly seared tuna with a truffle ponzu dressing. 72 kcal



Salmon & Yuzu Salsa 🍣
Thinly sliced salmon served up with a yuzu & ponzu dressing. 104 kcal



Tuna 🍣
Thick cut slices of yellowfin tuna, with mooli and lime. 106 kcal



Beef Tataki 🍣
Pepper-seared rare beef and tangy coriander pesto. 97 kcal



Salmon Selection 🍣
Two slices of sashimi and two pieces of maki and nigiri all on one plate. 220 kcal

NIGIRI | 寿司

RICE BLOCKS WITH TOPPING



Tamago 🍣
Sweet and light egg omelette and nori. 262 kcal 🍃



Inari 🍣
Sweet parcels of soft bean curd filled with sticky rice. 153 kcal 🍃+



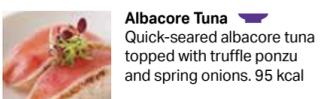
Salmon 🍣
Fresh-cut salmon and a touch of wasabi. 99 kcal



Kaiso 🍣
Marinated seaweed with su-miso sauce, wrapped in nori. 129 kcal 🍃+



Ebi 🍣
Poached, butterflied prawn with a wasabi kick. 104 kcal



Albacore Tuna 🍣
Quick-seared albacore tuna topped with truffle ponzu and spring onions. 95 kcal



Beef 🍣
Seared beef with nori and chilli shichimi powder for a kick. 107 kcal



Assorted Nigiri & Maki 🍣
Salmon, tuna and ebi nigiri, avocado and cucumber maki. 218 kcal

TEMAKI | 手巻き

HAND ROLLS, A NORI WRAPPED RICE CONE



SALMON & AVOCADO TEMAKI

Crispy Salmon Skin 🍣
Salmon skin, spring onion and salad. 122 kcal

Yasai 🍣
Cucumber, inari and tamago with mayo. 230 kcal 🍃

California 🍣
Surimi, avocado, mayo and toasted sesame seeds. 228 kcal

Salmon & Avocado 🍣
Fresh salmon, avocado, mayo and toasted sesame seeds. 163 kcal

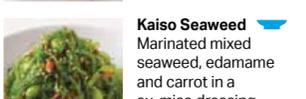
Make your own Temaki 🍣
Choose one ingredient from each section:
Filling: hoisin duck, spicy tuna, prawn katsu, soft shell crab tempura, chicken katsu, fresh salmon.
Vegetable: avocado, cucumber, salad, pickled ginger, spring onion, inari.
Sauce: mayo, sriracha, katsu, sweet chilli mayo, su-miso, hoisin.

FRESH SALADS | サラダ

JAPANESE SIDES & SNACKS



Edamame 🍣
Pods sprinkled with salt flakes and spring onion. Suck out the beans straight from the pod! 135 kcal 🍃+



Kaiso Seaweed 🍣
Marinated mixed seaweed, edamame and carrot in a su-miso dressing. 175 kcal 🍃+



Kimchi Squid 🍣
Poached squid with quick-pickled spicy kimchi vegetables. 70 kcal



Harusame Aubergine 🍣
Fried slices of aubergine in a garlic & ginger sesame soy dressing. 63 kcal 🍃+



Spicy Chicken Salad 🍣
Kimchi grilled chicken thigh and crunchy salad in a sesame soy dressing. 206 kcal

HOT DISHES TO ORDER

CHAHAN | チャハン

JAPANESE FRIED RICE



SALMON CHAHAN

Seasoned sushi rice stir-fried with fresh vegetables and shichimi chilli powder.

Plain rice 🍣 250 kcal 🍃+
Chicken 🍣 410 kcal
Vegetable 🍣 317 kcal 🍃+

Chicken 🍣 410 kcal
Salmon 🍣 356 kcal

YAKISOBA | 焼きそば

STIR-FRIED NOODLES



CHICKEN YAKISOBA

Noodles in a tangy sauce served with crunchy fresh vegetables and beni shoga.

Plain 🍣 78 kcal 🍃+
Vegetable 🍣 167 kcal 🍃+

Chicken 🍣 239 kcal

GYOZA | 餃子

DUMPLINGS WITH DIPPING SAUCE



EDAMAME & SPINACH GYOZA

NEW Edamame & Spinach 🍣 132 kcal 🍃+
Chicken 🍣 140 kcal

Duck 🍣 118 kcal

We have over a 100 dishes of which 34 are vegetarian 🍃 and 20 vegan 🍃+

TEMPURA | 天ぷら

CRISP & LIGHT BATTER



VEGETABLE TEMPURA

Vegetable Tempura 🍣
Assorted vegetables and Nori in a crispy tempura batter with a sesame vinegar sauce. 155 kcal 🍃+

Popcorn Shrimp 🍣
Tempura prawns drizzled with a sweet shiro miso & chilli sauce. 317 kcal

Soft Shell Crab 🍣
Soft shell crab fried in a light, crisp batter served with sweet chilli mayo. 193 kcal

RAMEN & MISO | スープ

SOUP, NOODLES & BROTHS



SPICY SEAFOOD UDON

Miso Soup Unlimited £2.20
A light and healthy shiro miso broth with wakame, spring onion and tofu. 60 kcal 🍃+

Spicy Seafood Udon 🍣
Prawns, salmon, squid and vegetables in a hot and spicy kimchi broth served with thick udon noodles. 320 kcal

Curry Ramen
Fragrant curry broth topped with chilli sesame paste. Available with rice.

Beef 🍣 482 kcal
Dumpling 🍣 468 kcal 🍃

Pork 🍣 478 kcal

Miso Ramen
Crunchy vegetables in a miso broth with chilli sesame paste. Available with rice.

Beef 🍣 414 kcal
Dumpling 🍣 437 kcal 🍃

Pork 🍣 439 kcal

TERIYAKI | 照り焼き

GLAZED IN A SWEET SOY



CHICKEN TERIYAKI

Chicken Teriyaki 🍣
Chicken thighs served hot from the grill in a salty sweet teriyaki glaze. 260 kcal

Pork Teriyaki 🍣
Meltingly tender slices of pork belly with egg. 243 kcal

Beef Teriyaki 🍣
Crispy slices of beef in a tempting sticky garlic & soy glaze with a fresh chilli kick. 253 kcal

Salmon Teriyaki 🍣
Fresh pieces of tender salmon served hot from the grill. 219 kcal

KATSU | カツ

COATED IN PANKO BREADCRUMBS



PRAWN KATSU

Chicken Katsu 🍣
Juicy chicken thigh in Japanese panko, drizzled with fruity tonkatsu sauce. 182 kcal

Prawn Katsu 🍣
Crispy tail-on prawns drizzled with tonkatsu sauce. 124 kcal

Pumpkin Katsu 🍣
Naturally sweet, crispy bites of kabocha pumpkin, drizzled with tonkatsu sauce. 103 kcal 🍃+

Katsu Selection 🍣
A tempting combination of chicken, pumpkin and prawn katsu topped with tonkatsu sauce. 235 kcal

KATSU CURRY | カツカレー

KATSU WITH A MILD CURRY SAUCE



CHICKEN KATSU CURRY

Tofu Katsu Curry 🍣
Voted 'Best Vegan Curry' by PETA. Crispy tofu with mild curry sauce, spring onions and steamed rice. 484 kcal 🍃+

Chicken Katsu Curry 🍣
Tender chicken thigh in a crispy crumb with mild curry sauce, pickles and steamed rice. 486 kcal

Prawn Katsu Curry 🍣
Succulent prawns in a panko crumb with mild curry sauce, pickles and steamed rice. 396 kcal

Pumpkin Katsu Curry 🍣
Naturally sweet, crispy bites of kabocha pumpkin, with mild curry sauce, spring onion and steamed rice. 411 kcal 🍃+

Great taste comes from great ingredients. At YO! we have handpicked the finest, most authentic produce.

STREET FOOD | ストリートフード

INSPIRED BY TRADITIONAL JAPANESE FLAVOURS



COD NANBANZUKE

Cod Nanbanzuke 🍣
Japan's answer to sweet and sour! Fried cod bites in a delicious sweet and sour sauce. 175 kcal



CHICKEN KARAAGE

Chicken Karaage 🍣
Crunchy fried chicken marinated in soy and sake served with mayo. 338 kcal



FURIKAKE FRIES

Furikake Fries 🍣
Japanese style fries coated in sriracha mayo and sprinkled with yuzu furikake, sesame, aonori and smoky bonito flakes. 519 kcal



PORK BELLY BAO

Okonomiyaki 🍣
Authentic Japanese pancake filled with cabbage and topped with mayo, katsu sauce, spring onions and smoked bonito. 160 kcal



TAKOYAKI

Takoyaki 🍣
Osaka's No.1 street food! Lightly battered dough balls with octopus, topped with mayo, bonito and lots more. 191 kcal



SPICY PEPPER SQUID

Spicy Pepper Squid 🍣
Squid marinated in sriracha mayo, fried until crisp and garnished with red chilli and spring onions. 127 kcal



SPICY PEPPER SQUID

Hoisin Duck Bao 🍣
Hoisin duck with house pickled cucumber in a fluffy bun. 325 kcal



PORK BELLY BAO

Pork Belly Bao 🍣
Pork belly glazed in a sweet sticky sauce served in a bun with pickled red onion, cucumber and sesame. 278 kcal



SPICY PEPPER CAULIFLOWER

Spicy Pepper Cauliflower 🍣
Cauliflower marinated in a light spice fried until crisp. Garnished with red chilli and spring onions. 190 kcal 🍃+