



YMI!

allergen & nutritional information

dine-in menu

january 2025

Nutritional Information Recipe List (values per typical serving)

Recipe Name	Energy (kcal)	Energy (KJ)	Fat (g)	saturates (g)	mono (g)	poly (g)	Carb (g)	Starch (g)	Sugars (g)	Protein (g)	Fibre (g)	Sodium (mg)
Vegetable Gyoza Curry Ramen	485.3	2032.3	22.0	7.5	0.5	1.2	56.9	20.8	12.8	14.5	4.5	2855.8
Chicken Gyoza Curry Ramen	482.1	2020.3	22.0	7.9	0.5	1.2	55.3	20.8	11.3	15.4	4.5	2958.2