

HOW TO YO!

Get started with our buzzy Kaiten belt.

- 1 Choose plates from the belt or order straight from our menu (just ask a server)
- 2 The colours of the plates tell you how much each one costs
- 3 When you're done, we'll count up your plates to work out the bill

Plate key ● £2.20 ● £2.10 ● £2.80 ● £3.70 ● £4.20 ● £4.60 ● £5.20 ● £6.00

SUMO £9.00 Go SUMO – get the same delicious dish in a larger size.

OUR CHEF RECOMMENDS

The best adventures begin with a moment of inspiration.

To start you on your food adventure, we recommend choosing around 5 plates. Our chef has chosen some favourites from the 107 dishes on our diverse menu – we think it's a perfect mix of YO! classics and new exclusives:



● Salmon Selection



● Chicken Katsu Sando



● Beef Katsu



● Osaka Style Squid



● Vegetable Gyoza (V / V+)



● Spicy Seafood Udon



● Beef Teriyaki



● Nigiri Selection



● Hoisin Duck Bao



● Kaiso Seaweed (V / V+)



● YO! Roll



● Ginza Strawberry Cake (V)

SHINSEN! 新鮮

That's Japanese for fresh. And we love it. Because everything we do is about freshness.

Take our fresh approach to ingredients – all our seafood is 100% responsibly sourced. Then there's the fresh thinking we apply to our menu – it includes a mix of 16 vegan and 33 vegetarian dishes. But of course, freshest of all is the food itself. Unbeatably fresh ingredients, freshly prepared in front of your eyes, so you can experience the freshest flavours imaginable. So go on, dive into our new menu. You'll find it refreshingly different.

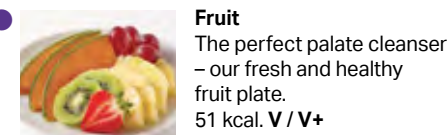
Dietary requirements? Talk to one of our friendly team, we'll be more than happy to help.

FOLLOW YO! Be the first to know about our new dishes and great offers by signing up at yosushi.com.
ヨッをフォロ Don't forget to follow us on Facebook, Twitter and Instagram.

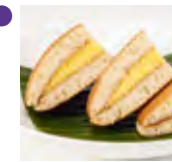


DESSERTS

Delicious Japanese sweets



Fruit
The perfect palate cleanser – our fresh and healthy fruit plate.
51 kcal. V / V+



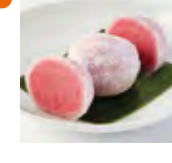
Custard Dorayaki
Classic Japanese pancake sandwich with a light custard filling.
138 kcal. V



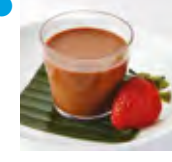
Chocolate Mochi
Sweet rice balls with a rich chocolate ganache centre.
207 kcal. V



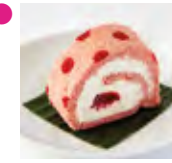
Strawberry Cheesecake Mochi
Sweet rice balls with a strawberry cheesecake centre.
188 kcal. V



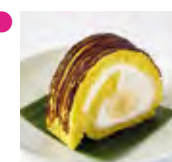
NEW! Raspberry Ice Cream Mochi
Tasty raspberry ice cream encased in a sweet Japanese rice cake.
125 kcal. V



NEW! Malted Chocolate Pot
A smooth Belgian milk chocolate ganache with a hint of malt from Pots & Co.
207 kcal. V



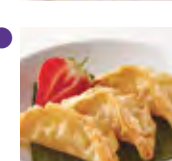
NEW! Ginza Strawberry Cake
Strawberries and fresh cream in a light and fluffy sponge cake.
155 kcal. V



NEW! Tokyo Banana Cake
Banana sponge swirled with fresh cream.
145 kcal. V



Japanese Soufflé Cheesecake
Soft, moist & light baked soufflé cheesecake.
165 kcal. V



Apple Gyoza
Sweet & crispy dumplings filled with apple compote, served sizzling hot with salted miso caramel.
116 kcal. V

SOFT DRINKS

Pressed Matcha Green Juice	250ml / £3.40
Pressed Watermelon Juice	250ml / £3.40
Pressed Apple Juice	250ml / £2.90
Pressed Orange Juice	250ml / £2.90
Ramune Soda	
Japan's oldest and most popular soft drink, also known as "marble soda"	200ml / £2.90
Coconut Water	250ml / £2.95
Yuzu & Pear Juice	250ml / £3.00
Sparkling Yuzu & Cucumber	250ml / £3.00
Kyoko Chilled Green Tea	400ml / £2.95
Ueshima's Double Espresso Chilled Coffee	250ml / £2.95
Aloe Vera Drink	500ml / £2.80
Coke	330ml / £2.60
Diet Coke	330ml / £2.60
Sprite	330ml / £2.60

WATER

H2YO! Still Water	500ml / £1.80
H2YO! Fizzy Water	500ml / £1.80

Triple Filtered Water Still/Fizzy
At YO! we promote a Zero Waste Society. Our chilled, purified and triple filtered water saves 1.7 million bottles a year from hitting the bins.
Unlimited / **£1.30**

TEA

Matcha Latte
Premium matcha green tea with milk
200ml / **£1.90**

Hojicha & Ginger Tea
Japanese Hojicha tea infused with ginger
200ml / **£1.90**

Japanese Green Tea
Sencha whole green tea leaves
Unlimited / **£1.90**

SAKE

Gekkeikan Sake
Available in selected restaurants
Mild and semi-sweet (warm).
14.6% ABV
200ml / **£5.50**

Hakushika Ginjou Sake
Gentle and fruity sake (Japan)
13.5% ABV
180ml / **£4.50** 300ml / **£7.00**

SPARKLING WINE

Vaporetto Prosecco
Fresh and lively, goes with everything (Italy).
11% ABV
125ml / **£4.60** Bottle / **£23.50**

Tosti Prosecco
Delicate and aromatic single serve (Italy).
11% ABV
200ml bottle / **£7.00**

WHITE WINE

Acacia Tree Chenin Blanc
Fresh citrus and peach flavours with a refreshing finish (South Africa). 13.5% ABV
125ml / **£3.00** 175ml / **£4.50**
250ml / **£5.90** Bottle / **£15.50**

Operetto Garganega Pinot Grigio
Dry and crisp with floral aromas (Italy).
13% ABV
125ml / **£3.70** 175ml / **£5.20**
250ml / **£6.70** Bottle / **£18.50**

Tokomaru Bay Sauvignon Blanc
Tropical and fresh with a clean citrus finish (New Zealand). 12.5% ABV
125ml / **£4.30** 175ml / **£6.00**
250ml / **£7.80** Bottle / **£21.50**

ROSÉ WINE

Wandering Bear Rosé
Juicy and bright, full of fruit flavours (South Africa). 11% ABV
125ml / **£3.20** 175ml / **£4.70**
250ml / **£6.20** Bottle / **£16.50**

RED WINE

El Colectivo Malbec
Smooth and warming with notes of chocolate (Argentina). 13.5% ABV
125ml / **£3.70** 175ml / **£5.20**
250ml / **£6.70** Bottle / **£18.50**

BEER

Asahi
Super crisp. Super dry (Japan) 5% ABV
330ml / **£3.95** 500ml / **£5.50**

Sapporo
Big can. Premium beer (Japan)
5% ABV
650ml / **£6.50**

Hitachino Nest White Ale
A craft white ale with plenty of flavour. Aromas of coriander, orange and nutmeg (Japan)
5.5% ABV
30ml / **£4.95**



YO! 活

www.yosushi.com

N Contains nuts V Vegetarian V+ Vegan

Visit yosushi.com/nutrition for full allergen and nutritional info, or ask a YO! Team member.

APR17SC

COLD DISHES

Hand made in our open kitchens using the freshest ingredients














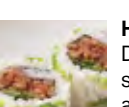
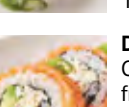

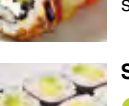

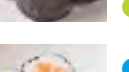


SASHIMI

Premium slices of fish or meat

-  **Salmon**
Our freshest cuts of thick-sliced salmon, with mooli and lemon. 140 kcal
-  **Tuna**
Thick cut slices of yellowfin tuna, with mooli and lime. 105 kcal
-  **Albacore Truffle Ponzu**
Lightly seared tuna with a truffle ponzu dressing. 87 kcal
-  **Beef Tataki**
Pepper-seared rare beef and tangy coriander pesto. 159 kcal
-  **Salmon & Yuzu Salsa**
Thinly sliced salmon served up with a yuzu & ponzu dressing. 102 kcal
-  **Salmon Selection**
Two pieces each of sashimi, sushi and maki all on one plate. 214 kcal
-  **Salmon & Yuzu Tartare**
Finely diced salmon with yuzu tobiko, salmon roe & coriander pesto. 174 kcal

ROLLS

Large and small nori rolls with rice

-  **Crispy Salmon Skin**
Crispy fried salmon skin with shichimi powder and spring onion. 114 kcal
-  **California**
Surimi, avocado and Japanese mayonnaise with toasted black and white sesame seeds. 142 kcal
-  **Spicy Chicken**
Crispy chicken katsu with shichimi powder and tonkatsu sauce. 130 kcal
-  **NEW! Seared Beef**
Radish, cucumber and quick-pickled onion wrapped in seared beef with shichimi powder. 161 kcal
-  **NEW! Smoked Salmon & Cream Cheese**
Cream cheese and cucumber wrapped in smoked salmon. 220 kcal
-  **YO! Roll**
Our signature roll! Fresh salmon, avocado and Japanese mayonnaise roll with orange masago. 140 kcal
-  **Yasai**
Veggie heaven; tamago, inari, avocado, cucumber and carrot with teriyaki and mayo. 170 kcal. **V**
-  **Spicy Tuna**
Chopped yellowfin tuna, spicy sriracha and rayu chilli oil with shichimi powder. 132 kcal
-  **Ebi**
Prawn katsu and avocado filled with dried purple shiso yukari. 127 kcal
-  **Spider**
Tempura soft shell crab and pickled ginger roll with yuzu tobiko and sweet chilli sauce. 179 kcal
-  **Blossom**
Prawn katsu and avocado with purple shiso yukari and spicy tuna topping. 199 kcal
-  **Dynamite**
Salmon, avocado and rayu chilli oil topped with sriracha, mayo and spring onion. 168 kcal
-  **Ginza**
Fresh salmon, cream cheese and cucumber roll with arénkha caviar, teriyaki, sriracha and mayo. 250 kcal
-  **Hoisin Duck**
Duck, cucumber and spring onion with hoisin and orange sauce. 117 kcal
-  **Dragon**
California roll topped with fresh salmon, shichimi powder and spring onion. 178 kcal
-  **Roll Selection**
One piece each of our premium rolls; ginza, spider & YO! 242 kcal
-  **Small nori roll with filling:**
 -  **Avocado Maki** (6 pieces) 131 kcal. **V**
 -  **Cucumber Maki** (6 pieces) 93 kcal. **V / V+**
-  **Salmon Maki** (4 pieces) 122 kcal
-  **Tuna Maki** (4 pieces) 115 kcal

A FEW OF OUR DISHES AREN'T AVAILABLE IN EVERY RESTAURANT.

YOU CAN CHECK INDIVIDUAL MENUS IN THE FIND A YO! SECTION. SOME PRICES MAY VARY.

FRESH SALADS

-  **Edamame**
Pods sprinkled with salt flakes and spring onion. Suck out the beans straight from the pod! 121 kcal. **V / V+**
-  **Kaiso Seaweed**
Marinated mixed seaweed, edamame and carrot in a su-miso dressing. 120 kcal. **V / V+**
-  **Kimchi Squid**
Poached squid with quick-pickled spicy kimchi vegetables. 71 kcal
-  **Harusame Aubergine**
Fried slices of aubergine in a garlic & ginger sesame soy dressing. 82 kcal. **V / V+**
-  **Potato Salada**
The Izakaya classic! Potato, quick-pickled vegetables and karashi mustard mayo dressing. 210 kcal. **V**
-  **Spicy Chicken Salad**
Kimchi grilled chicken thigh and crunchy salad in a sesame soy dressing. 204 kcal
-  **Ramen Noodle Salad**
Noodles coated in sesame sauce garnished with pickled ginger, wakame and crispy shallots. 331 kcal. **V**



Salmon & Avocado Temaki

TEMAKI

Hand rolls wrapped in nori rice

-  **Crispy Salmon Skin**
Salmon skin, spring onion and salad. 99 kcal
-  **Yasai**
Cucumber, inari and tamago with mayo. 184 kcal. **V**
-  **California**
Surimi, avocado, mayo and toasted sesame seeds. 179 kcal
-  **Salmon & Avocado**
Fresh salmon, avocado, mayo and toasted sesame seeds. 131 kcal
-  **Make your own**
Choose one ingredient from each section:
Filling: hoisin duck, spicy tuna, prawn katsu, soft shell crab tempura, chicken katsu, fresh salmon. **Vegetable:** avocado, cucumber, salad, ginger, spring onion, inari. **Sauce:** mayo, hot chilli, katsu, sweet chilli mayo, sesame, su-miso.

HOT DISHES

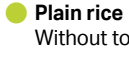
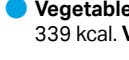
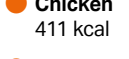
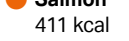
Discover our favourite hot dishes from the streets of Japan



Salmon Chahan

CHAHAN

Seasoned sushi rice stir-fried with fresh vegetables and shichimi chilli powder

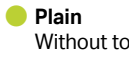
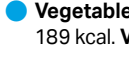

-  **Plain rice**
Without toppings. 307 kcal. **V / V+**
-  **Vegetable**
339 kcal. **V / V+**
-  **Chicken**
411 kcal
-  **Salmon**
411 kcal



Chicken Yakisoba

YAKISOBA

Noodles in a tangy sauce served with crunchy fresh vegetables and beni shoga

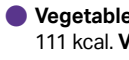

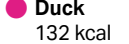
-  **Plain**
Without toppings. 158 kcal. **V / V+**
-  **Vegetable**
189 kcal. **V / V+**
-  **Chicken**
261 kcal



Chicken Gyoza

GYOZA

Dumplings with dipping sauce

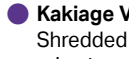
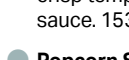
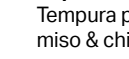
-  **Vegetable**
111 kcal. **V / V+**
-  **Chicken**
119 kcal
-  **Duck**
132 kcal



Popcorn Shrimp Tempura

TEMPURA

Crisp & light batter

-  **Kakiage Vegetable**
Shredded vegetables bound together in a crisp tempura batter with a sesame vinegar sauce. 153 kcal. **V / V+**
-  **Popcorn Shrimp**
Tempura prawns drizzled with a sweet shiro miso & chilli sauce. 341 kcal
-  **Soft Shell Crab**
Soft shell crab fried in a light, crisp batter served with sweet chilli mayo. 219 kcal



Spicy Seafood Udon

RAMEN & MISO

Noodles and broths

-  **Miso Soup Unlimited**
A light and healthy shiro miso broth with wakame, spring onion and tofu. 60 kcal. **V / V+**
-  **Clam Miso Udon**
Clams in their shell and enoki mushrooms in a shiro miso broth with thick udon noodles. 239 kcal
-  **Spicy Seafood Udon**
Prawns, salmon, squid and vegetables in a hot and spicy kimchi broth served with thick udon noodles. 316 kcal [\[SUMO\]](#)
-  **Curry Ramen**
Fragrant curry broth topped with chilli sesame paste. Available with rice.
 -  **Beef**
378 kcal. **N** [\[SUMO\]](#)
 -  **Pork**
368 kcal. **N** [\[SUMO\]](#)
 -  **Dumpling**
379 kcal. **N / V** [\[SUMO\]](#)
-  **Miso Ramen**
Crunchy vegetables in a miso broth with chilli sesame paste. Available with rice.
 -  **Beef**
345 kcal [\[SUMO\]](#)
 -  **Pork**
335 kcal [\[SUMO\]](#)
 -  **Dumpling**
346 kcal. **V** [\[SUMO\]](#)

STREET FOOD

Inspired by traditional Japanese flavours

-  **NEW! Cod Nanbanzuke**
Japan's answer to sweet and sour! Crispy fried cod bites in a sweet and sour sauce. 166 kcal
-  **NEW! Chicken Karaage**
Crunchy fried chicken marinated in soy and sake served with mayo. 320 kcal
-  **NEW! Furikake Fries**
Japanese style fries coated in sriracha mayo and sprinkled with yuzu furikake, sesame, aonori and smoky bonito flakes. 523 kcal
-  **Okonomiyaki**
Authentic Japanese pancake filled with cabbage and topped with mayo, katsu sauce, spring onions and smoked bonito. 146 kcal
-  **Crispy Chicken Wings**
Nagoya's favourite crispy fried chicken wings served with lime. 244 kcal
-  **Takoyaki**
Osaka's No.1 street food! Lightly battered dough balls with octopus, topped with mayo, bonito and lots more. 171 kcal
-  **Spicy Pepper Squid**
Spicy marinated squid, fried until crisp and garnished with red chilli and spring onions. 145 kcal
-  **NEW! Osaka Style Squid**
Our favourite Spicy Pepper Squid topped with bonito flakes, aonori, beni shoga, mayo and tonkatsu. 178 kcal
-  **Kimchi Salmon Bao**
Kimchi marinated salmon and pickled red onions in a soft, pillow bun. 287 kcal
-  **Hoisin Duck Bao**
Hoisin duck with house pickled cucumber in a fluffy bun. 226 kcal
-  **NEW! Pork Belly Bao**
Pork belly marinated in a sweet sticky sauce served in a bun with pickled red onion, cucumber and sesame. 210 kcal



Beef Katsu

KATSU

Coated in panko breadcrumbs

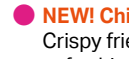
-  **Chicken Katsu**
Juicy chicken thigh in Japanese panko, drizzled with fruity tonkatsu sauce. 164 kcal
-  **Prawn Katsu**
Crispy tail-on prawns drizzled with tonkatsu sauce. 122 kcal
-  **NEW! Beef Katsu**
Tasty beef in a crispy panko crumb served with a drizzle of fruity tonkatsu sauce. 152 kcal
-  **Pumpkin Katsu**
A special blend of flaked tuna, onions and mayo in a crispy panko crumb, served with a mayo dip. 249 kcal
-  **Tuna Katsu**
Authentic Japanese pancake filled with cabbage and topped with mayo, katsu sauce, spring onions and smoked bonito. 146 kcal
-  **Katsu Selection**
A tempting combination of chicken, pumpkin and prawn katsu topped with tonkatsu sauce. 197 kcal



Chicken Katsu Sando

KATSU SANDO

Coated in panko breadcrumbs

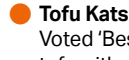
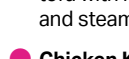
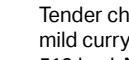
-  **NEW! Chicken Katsu Sando**
Crispy fried chicken thigh sandwiched in soft white bread, smothered with tonkatsu sauce and Japanese mustard. 591 kcal



Chicken Katsu Curry

KATSU CURRY

Katsu smothered in mild curry sauce with pickles and steamed rice

-  **Tofu Katsu Curry**
Voted 'Best Vegan Curry' by PETA. Crispy tofu with mild curry sauce, spring onions and steamed rice. 485 kcal. **N / V / V+** [\[SUMO\]](#)
-  **Chicken Katsu Curry**
Tender chicken thigh in a crispy crumb with mild curry sauce, pickles and steamed rice. 519 kcal. **N** [\[SUMO\]](#)
-  **Prawn Katsu Curry**
Succulent prawns in a panko crumb with mild curry sauce, pickles and steamed rice. 379 kcal. **N** [\[SUMO\]](#)



Pork Teriyaki

TERIYAKI

Served hot from the grill in a salty sweet teriyaki glaze

-  **Chicken Teriyaki**
Chicken thighs, sliced and diced. 300 kcal
-  **Salmon Teriyaki**
Thick cut salmon. 222 kcal
-  **NEW! Pork Teriyaki**
Meltingly tender slices of pork belly with egg. 223 kcal
-  **Beef Teriyaki**
Crispy slices of beef in a tempting sticky garlic & soy glaze with a fresh chilli kick. 227 kcal

Plate key

 **£2.20**  **£2.10**  **£2.80**  **£3.70**  **£4.20**  **£4.60**  **£5.20**  **£6.00**
[\[SUMO\]](#) **£9.00** Go SUMO – get the same delicious dish in a larger size.