

# BLUE MONDAY

# ブルーマンデー

It's Monday, I'm in love!  
44 of your favourite dishes at  
£2.80 each. Grab from the  
belt or order from our team.

V Vegetarian

Visit [yosushi.com/nutrition](https://yosushi.com/nutrition) for full  
allergen and nutritional info, or ask a  
YO! team member.



**Tofu Katsu Curry**  
Voted 'Best Vegan Curry'  
by PETA. Crispy tofu with  
mild curry sauce, pickles  
and steamed rice.  
485 kcal. **V**



**Chicken Katsu**  
Juicy chicken thigh in  
Japanese panko, drizzled  
with fruity tonkatsu sauce.  
164 kcal



**Prawn Katsu**  
Crispy tail-on prawns  
drizzled with tonkatsu  
sauce. 122 kcal



**Pumpkin Katsu**  
Naturally sweet, crispy  
bites of kabocha pumpkin,  
drizzled with tonkatsu  
sauce. 130 kcal. **V**



**Vegetable Gyoza**  
Crunchy vegetable and  
soya filled dumplings with  
soy vinegar dipping sauce.  
111 kcal. **V**



**Chicken Gyoza**  
Chicken and vegetable  
filled dumplings with soy  
vinegar dipping sauce.  
119 kcal



**Duck Gyoza**  
Aromatic duck filled  
dumplings with hoisin  
dipping sauce.  
132 kcal



**Kakiage Vegetable**  
Shredded vegetables  
bound together in a crisp  
tempura batter with a  
sesame vinegar sauce.  
153 kcal. **V**



**Vegetable Chahan**  
Crunchy fresh vegetables,  
edamame and rice stir fried  
with shichimi chilli powder  
and sesame oil.  
339 kcal. **V**



**Salmon Chahan**  
Our Vegetable Fried Rice  
with flaked salmon.  
411 kcal



**Vegetable Yakisoba**  
Yakisoba noodles in a tangy  
sauce served with crunchy,  
fresh vegetables.  
189 kcal. **V**



**Steamed Clams with  
Butter & Chilli**  
Steamed clams tossed  
with butter, sake, chilli  
and spring onion.  
239 kcal



**Takoyaki**  
Osaka's No.1 street food!  
Lightly battered dough balls  
with octopus, topped with  
mayo, bonito and lots more.  
171 kcal



**Spicy Pepper Squid**  
Spicy marinated squid,  
fried until crisp and  
garnished with red chilli  
and spring onions.  
145 kcal



**Furikake Fries**  
Japanese style fries coated  
in sriracha mayo and  
sprinkled with yuzu furikake,  
sesame, aonori and smoky  
bonito flakes. 523 kcal



**California Roll**  
Surimi, avocado and  
Japanese mayonnaise  
nori roll with toasted black  
and white sesame seeds.  
142 kcal



**Spicy Chicken Roll**  
Crispy chicken katsu nori  
roll with shichimi powder  
and tonkatsu sauce.  
130 kcal



**YO! Roll**  
Our signature roll!  
Fresh salmon, avocado  
and Japanese mayonnaise  
roll with orange masago.  
140 kcal



**Yasai Roll**  
Veggie heaven; tamago,  
inari, avocado, cucumber  
and carrot nori roll with  
teriyaki and mayo.  
170 kcal. **V**



**Spicy Tuna Roll**  
Chopped yellowfin tuna,  
spicy sriracha and rayu  
chilli oil nori roll with  
shichimi powder.  
132 kcal



**Ebi Roll**  
Prawn katsu and avocado  
filled nori roll with dried  
purple shiso yukari.  
127 kcal



**Dynamite Roll**  
Salmon, avocado and  
rayu chilli oil nori roll  
topped with sriracha,  
mayo and spring onion.  
168 kcal



**Hoisin Duck Roll**  
Duck, cucumber and  
spring onion nori roll with  
hoisin and orange sauce.  
117 kcal



**Dragon Roll**  
California roll topped with  
fresh salmon, shichimi  
powder and spring onion.  
178 kcal



**Salmon Maki**  
Fresh salmon and  
wasabi nori roll.  
122 kcal



**Tuna Maki**  
Yellowfin tuna and  
wasabi nori roll.  
115 kcal



**Tamago Nigiri**  
Sweet and light egg  
omelette and nori.  
262 kcal. **V**



**Inari Nigiri**  
Sweet parcels of soft bean  
curd filled with sticky rice.  
102 kcal. **V**



**Salmon Nigiri**  
Fresh-cut salmon and  
a touch of wasabi.  
97 kcal



**Ebi Nigiri**  
Poached, butterflied  
prawn with a wasabi kick.  
137 kcal



**Albacore Tuna Nigiri**  
Quick-seared albacore  
tuna topped with truffle  
ponzu and spring onions.  
91 kcal



**Beef Nigiri**  
Seared beef with nori  
and 7-chilli shichimi  
powder for a kick.  
102 kcal



**Yasai Temaki**  
Cucumber, inari and  
tamago with mayo,  
wrapped in a nori rice cone.  
184 kcal. **V**



**California Temaki**  
Surimi, avocado, mayo  
and toasted sesame seeds  
in a nori rice cone.  
179 kcal



**Salmon & Avocado Temaki**  
Fresh salmon, avocado,  
mayo and toasted sesame  
seeds in a nori rice cone.  
131 kcal



**Salmon Sashimi**  
Our freshest cuts of  
thick-sliced salmon,  
with mooli and lemon.  
113 kcal



**Albacore Truffle  
Ponzu Sashimi**  
Lightly seared tuna with  
a truffle ponzu dressing.  
87 kcal



**Beef Tataki Sashimi**  
Pepper-seared rare beef  
and tangy coriander pesto.  
159 kcal



**Salmon & Yuzu Salsa  
Sashimi**  
Thinly sliced salmon  
served up with a yuzu  
& ponzu dressing.  
102 kcal



**Kaiso Seaweed**  
Marinated mixed seaweed,  
edamame and carrot  
in a su-miso dressing.  
120 kcal. **V**



**Harusame Aubergine**  
Fried slices of aubergine  
in a garlic & ginger  
sesame soy dressing.  
82 kcal. **V**



**Malted Chocolate Pot**  
A smooth Belgian milk  
chocolate ganache with a  
hint of malt from Pots & Co.  
207 kcal. **V**



**Fruit**  
The perfect palate  
cleanser – our fresh  
and healthy fruit plate.  
51 kcal. **V**



**Custard Dorayaki**  
Classic Japanese  
pancake sandwich  
with a light custard  
filling. 138 kcal. **V**